

# Upson County 4-H Newsletter

## May 2020



I pledge

my **head** to clearer thinking,  
 my **heart** to greater loyalty,  
 my **hands** to larger service, and  
 my **health** to better living, for  
 my **club**, my **community**,  
 my **country**, and my **world**.

### JOIN THE CLUB

**Cloverleaf Club** (4th-6th grade)

We are able to pick you up from school for Middle/High Meeting!

**Middle/High School Club** (6th - 12th grade)

Ask about transportation when you call to register.

**Homeschool Club** (all ages)  
 1st Thursday 10am-noon

Did you know that 4-H Membership is FREE?

We have 4-H Events for youth of all ages!

#### Youth at Home Resources

We have added a new section to our website! We know this is a difficult time, and it is easy to get bored when you are stuck at home!

So we have come up with a variety of projects, activities, and contests to keep our students motivated while 4-H activities are postponed.

New material will be posted at least twice a week, so check back every few days for new content!

#### Poultry Judging

Do you have an interest in team activities? Would you like to judge poultry and have the opportunity to go to a state competition?

Then Poultry judging is for you!

We currently have virtual resources available for anyone interested in joining our poultry team in the future.

Call 706-647-8989 for more information.

#### Plastic Games

LabX and the National Academy of Sciences are offering some fun and exciting eco-friendly challenges during May!

Each Monday at 3:00PM EST, a challenge will be posted on their website. Participants have until Sunday at 5:00PM EST to submit photos/videos of their creation to Facebook or Twitter.

All of the contest rules can be found here: <https://tinyurl.com/plasticgames>.

#### Camp

Do you have a child interested in going to Camp this summer?

#### Tentative Camp Dates:

Cloverleaf: July 13th-17th

Junior: July 20th-24th

Senior: July 27th-31st

Call 706-647-8989 for more information and to register.

#### Courtney's Corner

This is a new series in which our 4-H educator, Courtney Nordan, will read an agricultural book to our 4-Hers virtually!

There will be a new video posted to our YouTube, Facebook, and Website every Thursday for the time being.

Call 706-647-8989 for more information.

#### Virtual Garden Club

We are starting a Garden Club! Until we can all be together again we are posting content virtually to introduce 4-Hers to our Garden Club!

We are starting with composting as our introduction to the Garden Club.

We currently have videos on our YouTube, Facebook, and Website.

Call 706-647-8989 for more information.

#### Workout Wednesday's

Trying to stay active while staying at home?

You should check out our new "Workout Wednesday's" series!

We are posting a series of fun exercise videos every Wednesday to our Website, Facebook, and YouTube channel!

Call 706-647-8989 for more information.



UGA Extension Office - Upson County

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706-647-8989

[upson.extension@uga.edu](mailto:upson.extension@uga.edu)

[extension.uga.edu/county-offices/upson/4-h-youth-development](http://extension.uga.edu/county-offices/upson/4-h-youth-development)

[facebook.com/UpsonCounty4H](https://www.facebook.com/UpsonCounty4H)

[instagram.com/upsoncounty4h](https://www.instagram.com/upsoncounty4h)

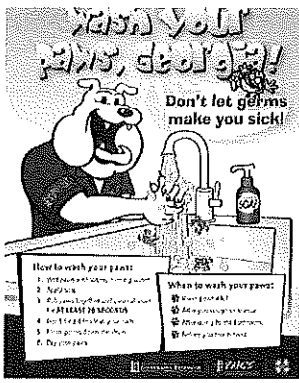
<https://www.youtube.com/channel/UCbDaChUIdb-2wwYDeCdWHwQ/>

[twitter.com/upsoncounty4h](https://twitter.com/upsoncounty4h)

[remind.com/join/upson4h](https://remind.com/join/upson4h)

[tinyurl.com/Upson4Hemail](https://tinyurl.com/Upson4Hemail)





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# April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Workout Wednesday's posted by 12:00PM EST	<b>2</b> Courtney's Corner posted by 12:00PM EST	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> Workout Wednesday's posted by 12:00PM EST	<b>9</b> Courtney's Corner posted by 12:00PM EST	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> Workout Wednesday's posted by 12:00PM EST	<b>16</b> Courtney's Corner posted by 12:00PM EST	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> Workout Wednesday's posted by 12:00PM EST	<b>23</b> Courtney's Corner posted by 12:00PM EST	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b> Workout Wednesday's posted by 12:00PM EST	<b>30</b> Courtney's Corner posted by 12:00PM EST		

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May 2020

4-H members who secure their parents signature and return this section to their 4-H leader the following month, will get their name put into a drawing to receive a small prize.  
(Do not leave at the school front desk.)

Parents: By signing this, you do not commit your child to participating in activities, it just shows us a parent has seen this newsletter.

Parent's signature: \_\_\_\_\_

Child's Name: \_\_\_\_\_