

SCREVEN COUNTY 4-H
321 ROCKY FORD ROAD
SYLVANIA, GA 30467
564-2064

The Cloverleaf

SCREVEN COUNTY 4-H

FEBRUARY 2021

FEBRUARY EVENTS:

- 1st-19th—Sign up for Cloverleaf DPA projects
- 1st-2nd—5th Grade Club Mtgs.
- 3rd-4th—6th Grade Club Mtgs.
- 10th—SCA Club Mtgs.
- 11th—Virtual Club Mtgs.
- 14th—Happy Valentine's Day
- 12th & 15th—Winter Break / No School
- 1st-28th—DPA Project Help at the 4-H Office—call for appointment!

MARCH EVENTS:

- 1st-17th—Film DPA Project Videos
- 1st-2nd—5th Grade Club Mtgs.
- 3rd-4th—6th Grade Club Mtgs.
- 10th—SCA Club Mtgs.
- 11th—Virtual Club Mtgs.
- 14th—Happy Valentine's Day
- March 30-April 2—Cloverleaf DPA Virtual Awards Ceremony

Cloverleaf District Project Achievement (DPA)

WHAT DO YOU DO?????

DPA is like "Show and Tell" for 5th and 6th grade 4-H'ers! You get to talk about ANYthing that you are interested in and share your passions with others. First you must choose a project and prepare a demonstration. A demonstration is simply a project (posters or google slides + speaking) on almost anything you choose. There are about 50+ Project Areas for you to choose from!

DPA PROJECT HELP.....

4-H'ers can work on their projects at home or make appointments to work on their projects at the 4-H Office. **All projects must be completed before March 1st.**

BONUS: 4-H'ers who complete DPA projects will get to sign up for 4-H summer camp EARLY and will receive some special prizes for participation!

WHAT HAPPENS AT DPA?????

This year, DPA will be a little bit different due to COVID-19 precautions and guidelines. **The "District" competition will be held virtually in March.** Once your project is completed, the 4-H Office staff will work with you to make a video of your project presentation to be submitted for the virtual competition. After the contest, there will be awards and a special virtual announcement of winners!

Important DPA Dates:

NOW– February 19: Sign up for a project by contacting the 4-H Office (912-564-2064 or screven4h@screven.k12.ga.us or lauren4h@uga.edu)

February 1-28: Work on creating your project (4-H office is available to help by appointment)

March 1-17: 4-H Office will film project videos for each participant

March 19: All project videos DUE to 4-H office

March 30-April 2: Announcement of Winners from Cloverleaf DPA Contest



I love 4-H!



Monthly Clover Challenge—The Valentine Project

Valentine's Day is right around the corner. This Valentine's Day, instead of just expressing your love to your friends and family, why not spread joy to your whole community? Here are some easy to make a difference this Valentine's Day to create a ripple effect of love and joy:

**This Valentine's Day,
spread Kindness & Joy in
your Community!**



- Make a Valentine Card and deliver to someone who needs a smile.
- Write a thank-you note to someone who has made a difference in your life.
- Buy a pack of Hershey Hugs candy to hand out at school.
- Send a box of pet treats to the local animal shelter.



Valentine's Day Sudoku

Every row, column and mini-grid must contain the letters H E A R T S. Don't guess - use logic

		E	R		
R					E
	E			A	
	R			S	
H					S
		A	T		



Valentine's Day Word Scramble

Unscramble the words below to spell out Valentine's Day related words.

Ex.

DYNCA PUCDI THAER

CANDY _____

SROES FGSIT PHYPA

HTOCLAOCE WSFOLRE

YFERBUAR OTRMACIN

Interesting

Fact:

Over 1 Billion Valentine's cards are sent in the US each year!

Monthly Healthy Living Tip

5 Ways that Play can Change your Day!

It doesn't matter how you move, as long as you're physically active. Move until you breathe hard or break a sweat and you will be doing great things for your body and physical health.

Here are 5 changes you may start noticing today:

- Sleep Tight:** Being physically active will help you improve your sleep.
- Improve your mood:** Physical activity can give you a better attitude and give you an extra energy boost during the day.
- Fuel your brain:** Twenty minutes of physical activity before starting your homework can help you unwind from the day and improve your concentration.
- Bond with buddies:** Engaging in physical activity with your friends is a great way to

bond with your friends and to even make new ones.

- Stretch your talent:** Make stretching part of your pre- and post-workout sessions. It can help improve your balance which in turn enhances your coordination and athletic performance.



4-H Google Classroom

Be sure to check out your 4-H Google Classroom to keep up with all of the upcoming 4-H activities and events! All 4-H meeting materials, newsletters, handouts, flyers, etc. are posted each month in the 4-H Google Classroom. Your club meeting schedule and all of our 4-H Office contact information can be accessed there as well.

Parents, if you want to know what is going on in 4-H each month, simply ask your child to log in to their 4-H classroom from your computer, tablet, or phone!

If you have any additional questions, please send an email to: screven4h@screven.k12.ga.us OR lauren4h@uga.edu.

