

# Finding Your Way to DPA



## Project Achievement Packet

*Junior 4-H'ers*  
(7th-8th Grade)



***Hello Junior 4-H'ers and Parents!!***

***We are excited that you are interested in participating in Project Achievement! For our Juniors and Seniors (7<sup>th</sup>-12<sup>th</sup> graders), this means spending an entire weekend at Rock Eagle where you not only compete, but also get the chance to meet new people from other counties and have a lot of fun!***

***Project Achievement for our older youth looks a little different from 6<sup>th</sup> grade. You will still have a demonstration that you present, but part of your score will be from a portfolio as well. We hope you will find the information on the following topics helpful as you're:***

### **Finding Your Way to DPA**

***The answers to all of your questions are in the pages of this workbook. Please read this information carefully, and as always, if you have any questions, please feel free to call the 4-H Office.***

***Sincerely,***

***Your 4-H Staff***

***University of Georgia Cooperative Extension***



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Institution*

# Picking a Project

*There are many different projects areas to pick from. Your project area will be the general category that you will present your demonstration in. Your demonstration topic should fall into your project area. The project area you select will also be for your portfolio as well. A suggestion is to pick a project area that you have done some work in so you will have something to put in your portfolio. There are only a few allowed from each county in a project area, so check with your 4-H office to make sure you can compete in your project area. Below are the project areas for Junior 4-H'ers (7th-8th grade).*

Arts	Horse	<b>Performance Areas</b>
Beef	Housing	<b>(no speech)</b>
Cat Care	Human Development	Performing Arts-Dance
Communications	International	Performing Arts-General
Companion and Specialty Animals	Marine Resources	Performing Arts-Other Instrumental
Computers Information	Outdoor Recreation	Performing Arts-Piano
Crafts	Photography & Videography	Performing Arts-Vocal
Dairy	Physical, Biological, & Earth Science	
Dog Care & Training	Plant & Soil Science	<b>Food Labs (no speech)</b>
Engineering & Mechanics	Poultry	Better Breakfast
Entomology	Robotics	Dairy Foods
Environmental Science	Safety	Festive Foods for Health
Financial Planning & Consumer Economics	Sheep & Meat Goats	Food Fare
Flowers, Shrubs, & Lawns	Sports-Individual	Pizza
Food for Fitness	Sports-Team	
Food for Health & Sport	Swine	<b>Special Projects</b>
Food Safety & Preservation	Target Sports	Fashion Revue:
Forest Resources & Wood Science	Textiles, Merchandising, & Interiors	Participants will model a garment they have constructed.
Fruits, Vegetables, & Nuts	Veterinary Science	Public Speaking:
General Recreation	Wildlife	Participants will be judged primarily on their public speaking capabilities. No visual aids required.
Health	Workforce Preparation & Career Development	
History		

# What is a Portfolio??

*Portfolios are similar to what adults call a resume. 4-H portfolios are collections of materials assembled to demonstrate to others the work a 4-H'er has done in their project area, leadership, community service, and 4-H in general. Information presented in a 4-H'ers portfolio reflects work over the past year (January 1st-December 31st).*

*The goal of a portfolio is to tell the story of a 4-H'ers achievement and growth, characterized by strong vision of content, skills, and learning. In short, the portfolio shares the 4-H'ers progress and growth with the judges.*

*The overall size of the portfolio depends on the 4-H level: Junior (7th-8th grade) portfolios are three total pages in length (plus a cover/certification page). The three pages include two portfolio pages and one page of supporting material.*

# How are Portfolios Judged?

*Portfolios are judged by two different judges, each working independently. Each judge will review your portfolio and assign scores to a number of different sections. The breakdown is below:*

## **Junior Portfolios**

4-H'ers Background.....	5 percent
Main Project Work.....	25 percent
Main Project Sharing and Helping Experiences.....	20 percent
Other Leadership and Teen Leadership Activities.....	15 percent
Other Community Service and Citizenship Activities.....	15 percent
Other 4-H Activities.....	10 percent
Other Activities.....	5 percent
Supporting Material.....	5 percent
Total.....	100 percent

*On the next page you will see the official Junior Portfolio Score Card. For Junior's the portfolio score is 40% of the total DPA score, and the demonstration is 60% of the total score.*

**Portfolio - Junior  
Note paper**

<b>Contestant's Name County</b>					
<b>4-H'ers Background 5 Points</b> May include any information about the 4-H'er including the 4-H'ers family, activities, and reasons for joining 4-H or selecting this project.					
<b>Main Project Work 25 Points</b> Includes activities in the project area that portfolio is submitted. These activities may include articles made or prepared, animals cared for, size and scope of project.					
<b>Main Project Sharing and Helping Experiences 20 Points</b> Includes activities where the 4-H'er shared the information learned in their project area or helped someone else in that area.					
<b>Other Leadership and Teen Leadership Activities 15 Points</b> These are activities not related to the main project in which the 4-H'er had a leadership role.					
<b>Other Community Service and Citizenship Activities 15 Points</b> Community service and citizenship activities should include activities where a 4-H'er as an individual or part of a group provides a service or completes a project for the betterment of the community.					
<b>Other 4-H Activities 10 Points</b> These activities are those not listed elsewhere in the portfolio but are 4-H related. Participation in county, district, region or state 4-H events, 4-H judging teams not related to the main project and 4-H awards and recognition may be included.					
<b>Other Activities and Information 5 Points</b> 4-H'ers may include information about school, community or church activities or any other activities that have not been listed elsewhere.					
<b>Supporting Material 5 Points</b> Supporting material includes pictures, news articles, letters and others pieces of information that support what has been reported in the portfolio. Items may overlap but must lay flat on the page.					

2015















# Junior Portfolio Example

Jennifer Clover

History

2004-2005

## 4-H BACKGROUND

Hello my name is Jennifer Clover, but everybody calls me Jen. I am 14 years old, and in the 8<sup>th</sup> grade. I have been in 4-H since pre-club in 3<sup>rd</sup> grade. I have been a part of the Livestock Show Team, Poultry Judging, and Cotton Boll Consumer Judging. I am in the band and chorus programs at my school, and am very active in local community theater. I love spending time in the community through my participation in the Girl Scouts. I have participated in DPA since 4<sup>th</sup> grade, and am excited that I express my passion of Girl Scouts through the History project.

## Main Project Work

### Classes:

#### Georgia History

- Learned about James Oglethorpe and the founding of Georgia
- Learned about Slavery in Georgia and Jim Crow Laws
- Learned about agricultural history in Georgia
- Learned about religious history of Georgia
- Learned about the Creek and Cherokee Indian settlements in Georgia
- Learned about the Civil War

### Tours:

#### Juliette Gordon Low Birthplace

- Learned about the life of Juliette Gordon Low as a child
- Learned about her parents and home
- Learned about why she decided to start the girl scouts
- Earned Birthplace Pin

#### First Girl Scout Headquarters

- Learned about what the first fundraiser Juliette Gordon Low did to start the Girl Scouts
- Learned about being a Girl Scout Board Member

#### Katie Roders' Organic Farmer with Troup 40570

- Learned about the pros and cons of organic farming
- Learned about the history of farming
- Attended Hands-on demonstration of potato harvesting

### Interviews:

#### Virginia McPhaul, Veteran Scout Leader

- History of being a Scout Leader

#### Sandy Winguard, Girl Scout Organization Board Member

- Learned about teaching and training Girl Scouts and being a member of the National Board of Girl Scouts

#### Character that depicted Juliette Gordon Low

- Discussed the history of Scouts

#### James Kennedy, US Military Veteran

- Discussed his history in the US Military

### Girl Scout meetings (attended 24)

- Worked through Journey Lessons-Sow Smart
- Planned upcoming historical trips
- Planned fundraiser for trips

### Girl Scout Program Assistant Training

- Attended a day long training on how to lead younger Girl Scouts
- Learned about the history of Program Assistant mentorship and Girl Scout sister bonds
- Learned how to implement historical sisterhood with newer members

### Silver Award Training (2 hours)

- Trained to work on a silver project, and what types of projects would be considered for bettering the community
- Research historical and current community issues

### DPA Workshop

- Attended two workshops of preparing a portfolio and demonstration for the history project

## Main Project Work Sharing and Helping

### Girl Scout Work

#### Girl Scout Program Assistant

- Taught 2 Daisy Classes with 16 girls each
- Helped Daisy's earn Petals-Respectful, Kind, and Wisely Use Resources
- Taught the Girl Scout Law and what it historically means to be a Girl Scout
- Helped Daisy's earn half of their Journey

#### Girl Scout Troup #40570 Mentor

- Assisted in starting new local Girl Scout Troup
- Shared the history of the Girl Scouts
- Advertised the new troup to the community
- Assisted in running the first 4 meetings

#### Mika Kuhbander, California Girl Scout

- Shared the history of Girl Scouts
- Answered questions about the Girl Scout Law and Promise
- Taught crafts and baking

#### Girl Scout Award Ceremony Speaker (approx. 30 people)

- Gave a speech about bringing the Girl Scout historical mission to today's world and what it means to be a Girl Scout in my personal life

### Exhibits:

#### Okefenokee Agricultural Fair: "One Woman's Dream for Me" 1<sup>st</sup> place

- Presented information on the history of Juliette Gordon Low and the Girl Scouts

#### Georgia National Fair: "One Woman's Dream for Me" 7<sup>th</sup> place

- Presented information on the history of Juliette Gordon Low and the Girl Scouts

## Leadership Activities

### Girl Scout Troop #30084-Teen Leader: Trip to Wild Adventures

- Chaperoned and ensured the safety of younger Girl Scout members

### Program Assistant: "Sow Smart Journey"

- Assisted fellow Cadets by leading the group through this year's journey about gardening

### Flying Dragon Performing Arts Center- Teen Leader: Valentine's

#### Day Dance

- Served as DJ for youth dance raising \$100 for the community theater
- Played music and supervised games and activities
- Set up/Cleaned up

# Junior Portfolio Example

## Mattie's Mission Family Fun Day

- Worked to spread awareness of childhood cancer and raise money for local cancer organization
- Responsible for managing the bouncy house participants
- Responsible for participant safety during bouncy house time
- Dressed in Mickey Mouse suit to meet and greet kids

## Girl Scout Community Service:

Pinwheels for child abuse awareness –Quality Inn

- *Placed 445 pinwheels to help spread awareness*
- *Each pinwheel represented a child that was reported abused*

Community Fair Booth Girl Scout Troop # 40570: "No More Hurt Please"

- Presented information about child abuse

Girl Scout Cookie Sale Mentor

- Coached Daisies in cookie sales
- Ran six cookie booths

## Flying Dragon Arts Center:

Bake Sale

- Participated in 2 bake sales and raised \$50 for the community theater program
- Cooked and donated cookies to be sold
- Sold items, set up, and cleaned up after events

## Okefenokee Agricultural Fair

- Photography Category- "Horsing Around"

## Georgia National Fair

- Cotton Boll Speech- "Where For Art Thou Cotton": 7<sup>th</sup> place

## Poultry Judging

- Attend weekly practice
- Learned how to judge broken out eggs, interior eggs, exterior eggs, carcasses, live birds, and parts

## Cotton Boll and Consumer Judging

- Attended weekly practices
- Learned how to make smart decisions when purchasing items
- Presented commercial on cotton

## Horse Club

- Helped with concession stand
- Waycross MLK Parade

## Flying Dragon Arts Center

Sleeping Handsome (Cast Extra)- 4 performances

- Worked on lines and portraying emotions

Broadway in Waycross Volume 1 (Multiple cast roles)

Broadway in Waycross Volume 2 (Multiple cast roles)

Broadway in Waycross Volume 3 (Multiple cast roles)

Broadway in Waycross Volume 4 (Multiple cast roles)

- 4 performances in each Broadway Volume

Dracula (Lucy's Mom)-4 performances

## DPA Mentor

- Assisted Junior 7<sup>th</sup> grader in preparing portfolio

## Teen Leader- Ware County 4-H Garden Club

- Helped youth learn about planting seasonal vegetables and managing a garden
- Helped maintain garden and safety during demonstrations and hands on activities

## Community

Car Wash

- Participated in 2 car washes and raised \$200 for the community theater program

- Helped wash cars and held signs to advertise

Community Fair Booth-"You Be You and I'll Be Me"

- Helped design and set up large booth exhibit about Stopping Child Abuse for The Flying Dragon Arts Center
- Won 2<sup>nd</sup> place

## 4-H Community Service:

4-H Fair Food Booth

- Worked at the window and with cotton candy
- Helped with clean up and helped raise \$5000

Rivers Alive Clean-Up

- Spent 5 hours picking up litter around the lake
- Picked up: paper, metal, cigarettes, plastic, and glass

Special Olympics- Ware County High School

- Worked as a staff member
- Handed out ribbons and helped put them on
- Assisted participants through the award process, lunch, and to their competitions

## Other 4-H Activities

### "Show Me How" Summer Goats Class

- Learned care and grooming of Meat Goats

### "When Mother Nature Strikes": Community Fair Booth

- Gathered factual research
- Helped create and cut art work
- Assisted in assembling Fair Booth

### Photography Club

- Learned basic types of photography
- Took several photographs

### "The Page Turner's Society" Book Club

- Attended meeting in December to start the new 4-H Book Club
- Brainstormed possible books
- Developed a name for the club
- Planned 4-H library

## OTHER ACTIVITIES

Charlotte's Web

- Narrator
- Photographer
- Reporter
- John Able character
- 2 performances

### Waycross Area Community Theater

Hair Spray Audition

- 1 hour

# Junior Portfolio Example



The Miracle Worker  
"Anne Sullivan"



ANNIE  
"Annie"



Broadway Music Festival



KIDFEST



Community Carolline



Clash Of The Titans  
"Athena"



Girls On The Run



Baseline For Tips Fund-raiser



Face Painter  
Kids Fun Day



Saddle Up



Rock The Vote

# The Demonstration

*A demonstration consists of a speech with visual aids. For Juniors this can be posters, table accessories, or even PowerPoint. You will need to have your own laptop (and other necessary equipment like extension cords) if you plan to use a PowerPoint presentation. Demonstrations should last no longer than 10 minutes, and 4 minutes for performing arts performances. A good rule of thumb is a Junior demonstration should be 7-9 minutes. There is a 5 minute setup up time limit for presentations, and a 4-H'er may use assistance as necessary.*

*Note: Junior Foods Lap Project participants should bring no electric food appliances including electric skillets, griddles, torches, panini presses, blenders, or hand mixers.*

## Speech Tips:

*Once you pick your demonstration topic, brainstorm 3-4 things about that topic that you think are important to share. Those will become your body paragraphs and main points.*

*Be detailed with your main points. Present researched information. It's okay to even mention where you got some of your information. (ex: "According to the CDC.....")*

*Pay attention to how your demonstration "flows" make sure it is easy to follow and organized. Have a clear introduction and conclusion.*

## Brainstorm

**Overall Topic:** \_\_\_\_\_

**1st Main Point:** \_\_\_\_\_

**2nd Main Point:** \_\_\_\_\_

**3rd Main Point:** \_\_\_\_\_

# Visual Aids

*Juniors will be provided a table at the contest to use for visual aids. The use of the table is optional, but can be very beneficial in presenting your information. A good rule of thumb is to have one poster/slide for each main point, and a poster that can be used while presenting the introduction/conclusion of your speech.*

**Remember: when using technology it is up to the youth to provide equipment. You will need to bring your own laptop, extension cords, etc. You will need to check with your County Extension Agent to see if the room you will be in will have a screen and projector.**

## Can you bring it to Project Achievement for your presentation?

**Junior/Senior 7-12<sup>th</sup> grade –  
Except during the demonstration time, the items  
are to be left with an adult in a secured locked location.**

<b>Yes</b>	<b>No</b>
Bow	Anything projecting nudity, violence, or anything violating the NDAH policy*
Arrow with no tip	Arrow with a tip
Dinner/steak knife for cutting food	
Gun parts – Only 50% of the parts and they are to remain separated	Gun/Pretend gun that looks real
Laser pointer	Explosive device
Bullet examples	Potato gun/Paintball gun
Performance rifles for drill team (no barrel, no trigger)	Anything causing a flame
Martial Arts Weapons (blunt only)	Martial Arts Weapons (edged or projectile)
Fishing hooks	Live animals
Chain saw (no chain/no fuel/no spark plug)	Taser
Pocket Knife (under 2 inches)	Pocket Knife (over 2 inches)
Mock Saber (no blade)	
Syringe (no needles)	
Studded Halters	7-8 <sup>th</sup> grade: No Electric food appliances including electric skillets, griddles, torches, panini presses, blenders, or hand mixers
Fencing Sword (no edge to the blade, in guard)	9-12 <sup>th</sup> grade: No food appliances except blender or hand mixer. This includes but not limited to griddles, electric skillets, torches, panini presses, food processors.
Dagorhir battle foam weapons	
Show stick (no tip)/Whip (Pork Production only)	
Cow Prod (no batteries)	
Baseball bat/ hockey sticks/other sports equipment	
9-12 <sup>th</sup> grade: blender or hand mixer	

\*Non-Discrimination Anti-Harassment Policy  
LPB 8.1.2017

# Demonstration Scoring

## **For Junior and Senior Project Competition:**

Each section of the presentation scorecard lists a maximum number of point the 4-H member may earn. This total is combined with a portfolio score to create a final score. The presentation counts 60% of the Junior score and 50% of the Senior score.

### **Appearance**

**10 points**

Clean, fresh, tidy, neat, well groomed. Hairstyle, jewelry, makeup, etc., should not distract the audience or person giving demonstration. Member should dress appropriately for the subject he/she is presenting.

### **Visual Aids**

**10 points**

The actual object is desirable. If posters are used, they should be neat and legible at a distance. Members are encouraged to make their own posters. However, there are no restrictions on who makes the poster. Visuals should be judged on their contribution to the presentation, not on the professional appearance. All visuals should be judged on their effectiveness and contribution to the presentation no on the quality of the visual aid itself. Any visual aid including PowerPoints and other technology are allowed. Overhead projectors and tape recorders or other sound systems may be used. It is the 4-H'ers responsibility to provide all equipment needed to set it up. 4-H'er using such equipment has a maximum of five minutes to set up and prepare for demonstration. Special room arrangements cannot be requested and presentations must be given in the room scheduled.

### **Delivery**

**10 points**

Delivery should be in a normal distinct tone, not too fast and loud enough to be heard by everyone present. Pronunciation of words should be clear and correct. Points will not automatically be taken off because a 4-H'er uses notes. However, a well presented presentation without notes may score higher. If notes are used, they should be referred to as opposed to read by the presenter. Points should be deducted if excessive use of notes interferes with presentation. A "sing-song" memorized sound never sounds convincing. Presenters should be positive and enthusiastic.

### **Orderly Progress**

**10 points**

Presentation should include an introduction, central ideas, and a summary. Speech should flow from one concept to another in a natural manner.

### **Accuracy of Information**

**15 points**

Presentation subject/topic fits the project objectives. Information presented is accurate and up to date. 4-H'er has used research based information in developing the presentation.

### **Coverage of Subject**

**25 points**

Presentation includes specific pertinent facts about the subject in sufficient detail. Points may be deducted if too little detail is provided on the subject or area. Additionally a presentation that is not very long in length may be faulted here for lack of coverage of subject.

### **Knowledge of Subject**

**15 points**

4-H'er has a strong understanding and knowledge of the subject presented. Individual questions may be asked (at the judging table and not in front of the group) to gain an understanding of the 4-H'ers depth of knowledge of the subject. Questions should not be designed to frighten or make anyone nervous. Ordinarily they are common sense application of material presented during the presentation.

### **Time Limit**

**5 points**

Presentation is completed within the time limit: 4 minutes for all Performing Arts, 6 minutes for Cloverleaf, 10 minutes for Juniors, and 12 minutes for Seniors. No minimum time. There is a five minute set up limit for presentations. The 4-H'er may use assistance as necessary to set up within the five minute limit. The limit begins once the previous demonstrator has cleared away his/her materials. 4-H'ers whose presentations are very short should not be deducted points in the time limit category but rather coverage of subject.

### **Total Score**

**100 points**

*\*Please Note that these are the scoring for general projects, food labs, performing arts, fashion revue, and public speaking have different scorecards. Check with your 4-H agent to get a copy of those score cards\**

# Demonstration Scoring

General Demonstration – 7<sup>th</sup> – 12<sup>th</sup> Grade Presentation Note Sheet

PROJECT:



<b>Contestant's Name</b> <b>County</b>				
<b>Appearance</b> <b>10 Points</b> Clean, fresh, tidy, neat & well groomed; member is dressed appropriately for subject				
<b>Visual Aids</b> <b>10 Points</b> Posters neat & legible, visuals judged on contribution to project not professional appearance				
<b>Delivery</b> <b>10 Points</b> Normal, distinct tone, pronunciation is clear, notes may be used but should not interfere with presentation				
<b>Orderly Progress</b> <b>10 Points</b> Includes introduction, body, conclusion; flows from one concept to another				
<b>Accuracy of Information</b> <b>15 Points</b> Subject/topic fits project objectives; information is accurate & up to date; used current research based information				
<b>Coverage of Subject</b> <b>25 Points</b> Includes pertinent facts about the subject in sufficient detail				
<b>Knowledge of Subject</b> <b>15 Points</b> Strong understanding & knowledge of subject presented				
<b>Time Limit</b> <b>5 Points</b> 10 minutes-Jrs 12 minutes-Srs Pts deducted for over time ONLY				

2015

Total Points out of 100=



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**TOOLS9**

***Resources were comprised using the official rules of Georgia 4-H and from materials found on the Georgia 4-H Website. Check out the following website for more information:***

***<https://georgia4h.org/programs/project-achievement/>***

***Workbook created by Jacqueline Nunn, Putnam County Extension***

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