



# The Paulding



4-H Newsletter for Paulding County 5th Grade Classroom Clubs - September 2018

## Upcoming 4-H Events

Sept. 4: Horse & Pony Club Monthly Meeting

Sept. 6: Archery Team Interest Meeting

Sept. 8-9: Paulding Meadows Festival, come support 4-H!

October 2: Horse & Pony Meeting

October 3-14 Tractor Supply Co. & 4-H Paper Clover Campaign

October 4-14: Georgia National Fair in Perry - Great Family Fun

October 7-13: National 4-H Week

October 11: BB Interest Meeting



My Next Classroom Club Meeting is: \_\_\_\_\_

## Pledge our HANDS to Larger Service!

### October's Community Service:

- boxed Pasta & Rice for CAYA
- pop tabs for the Ronald McDonald House Charities
- used ink cartridges to help support PC 4-H



## Classroom Presentations to Project Achievement!

As a 5th grade 4-H'er, you will have the opportunity to do a classroom presentation this year! It's as easy as 1-2-3.

- 1st** - Pick a topic. It can be anything that you're interested in. When it's your turn to present, you will receive a Presentation Rubric to help you get started. The back page contains a list of categories to choose from.
- 2nd** - Practice and Present your Presentation to your classroom. Your Presentation Rubric will help you prepare for your presentation.
- 3rd** - Take your classroom presentation to the next level: **District Project Achievement- DPA for short.** What is DPA? It is a public speaking competition held once a year by 4-H. It is one of the core Georgia 4-H programs offered to youth.

The Cloverleaf (DPA) District Project Achievement will be held this school year on **January 26, 2019** at Georgia Highlands College -Rome, GA. In the next couple of months, you will hear more about DPA through the Friend's Book- Finding Your Way Through 4-H Project Achievement (coming home soon), through our Cloverleaf Connection Newsletter, and emails to you from Paulding County 4-H staff.

If you would like to learn more about DPA, please contact us at [Paulding4-H@uga.edu](mailto:Paulding4-H@uga.edu) or go to the following website for more information:

<http://georgia4h.org/programs/project-achievement/cloverleaf-project-achievement-grades-4-6/>

## Georgia 4-H PeaNutrition Recipe Contest

- Each participant must submit a recipe for his/her favorite peanut butter sandwich in the county contest.
- Before the recipe may be submitted, 4-H'er must have made the sandwich at home. Any recipe with inedible items will be disqualified.
- The recipe should list ingredients yielding 1 sandwich, as well as directions for assembling the sandwich.
- Recipes can be written on an index card or on a separate piece of paper. Please turn in at the October/November meetings
- Recipes will be judged on nutrition, appeal, creativity, recipe presentation, recipe content, and appropriateness for category.

Winners will be selected in a county contest as follows: One **Overall Winner** and winners in the 4 categories of **Most Nutritious**,

**Most Unusual**, **Most Creative**, and **Most Ingredients**. Winner receives a 4-H PeaNutrition T-shirt — can wear to meeting for class points!





Please sign, then cut and return for 5 classroom points; this indicates 4-H'er and a parent have read the September 2018 newsletter.

4-H'er: \_\_\_\_\_ School/Teacher: \_\_\_\_\_

Parent(s)/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

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Sept 2018

## Specialty Club/Team News

### Do You Love Horses?

Come check out the Paulding County 4-H Horse & Pony Club for grades 1-12. The next meeting is **October 2 at 7pm** at Unity Baptist Church on Mustang Drive off Highway 61.



For more questions, contact the Adult Leader Annette Raybon at 770-445-8655, the Extension Office at 770-443-7616 or [paulding4H@uga.edu](mailto:paulding4H@uga.edu).

### Come Test Your Skill with the BB Team

Learn the safe and responsible use of equipment, safety, sportsmanship, and most importantly, HAVE FUN!

If you are interested in learning more about the Paulding County 4-H BB Team they're having an Interest Meeting on Thursday October 11 at the Hiram Sports Complex located at 186 Oak St Hiram, GA. Contact our office at 770-443-7616 if you have any questions. This team is for current Paulding County 4-H'ers in grades 5-8 and the Georgia 4-H S.A.F.E. programming is followed.



## Getting Newsletter Articles Ready for October

- Articles should highlight something unique and creative about 4-H.
- Your classroom club will receive 10 points for each article submitted to your 4-H Leader. You can earn an additional 5 points for your class if the article makes it into the newsletter or on the 4-H Facebook page. They can be hand-written or typed, and should include name, school, and teacher's name. Articles should be at least five sentences long and discuss Who? What? When? Where? and How?. Have the article ready to be submitted on the club meeting day. Some will be published in the monthly newsletter or posted on our Paulding County 4-H (UGA) Facebook page.



### Attention Parents and Teachers!

Walk Georgia. Move more. Live more. University of Georgia Extension invites you to increase your physical activity level in a fun, community-oriented way. Registration for this free program is open. To learn more, please visit [www.walkgeorgia.org](http://www.walkgeorgia.org) For more information contact the Paulding County Extension Office at 770-443-7616.

## Supporting Paulding 4-H

**AmazonSmile** is an automatic way for you to support **Paulding County 4-H while shopping on Amazon**. When you go to AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Paulding County 4-H.

- To shop at AmazonSmile simply go to [smile.amazon.com](http://smile.amazon.com) from the web browser on your computer or mobile device.
- On your **first visit** to AmazonSmile ([smile.amazon.com](http://smile.amazon.com)), you need to select **Paulding County Extension 4-H** to receive donations from eligible purchases before you begin shopping. They will remember your selection, and then every eligible purchase you make at [smile.amazon.com](http://smile.amazon.com) will result in a donation.
- The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to Paulding County 4-H.

Please look for other ways throughout the year to support us including Kroger Community rewards, Paulding Meadows Festival, Tractor Supply Company Paper Clover Campaign, restaurant fundraisers, and other 4-H events.

**4-H Pledge** - In your first meeting of the year, the 4-H pledge was recited and reviewed. This is the basis for our program for our youth!



I pledge my **HEAD** to clearer thinking  
My **HEART** to greater loyalty  
My **HANDS** to larger service, and  
My **HEALTH** to better living,  
for my club, my community, my country, and my world.

## 4-H Camp Corner

**Mark your calendar for 4-H Cloverleaf Camp 2019!**

Paulding County's camping week at Rock Eagle 4-H Center is **July 8-12, 2019**. This week-long summer program is available to 4-H'ers in the 5th and 6th grades. More details will be available in January with registration starting in February. **Here are a few other items to know about camp:**

- The camp is for 4-H boys and girls who stay in separate cabins
- Transportation is provided to and from camp (on charter buses!)
- Led by screened UGA adult volunteers, county teen leaders and Rock Eagle camp counselors and UGA 4-H Extension staff.
- Scholarship opportunities may be available for those involved in Paulding County 4-H beyond their Cloverleaf classroom club!



**4-H Motto: "To Make the Best Better"**

**4-H Slogan: "Learn by Doing"**

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