

Murray County Extension Office 2662 Mt. Carmel Church Rd. Chatsworth 706-695-3031

ugaextension.org/murray



May 2024

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Health and Code of Conduct Forms

All students that participate in out-of-school activities must have their parent complete a health form for <u>every event</u>. A code of conduct form must be completed once a year. These forms are located on our

I pledge my HEAD to clearer thinking
My HEART to greater loyality,
My HANDS to larger service, and
My HEALTH to better living,
for my club, my community, my country and my world.

website.

**For all activities you can now register and pay on the following link: https://register.extension.uga.edu or pay at 4-H Office.



A SPECIAL SHOUT OUT TO ALL OF OUR TEACHERS, SCHOOL STAFF AND THE CENTRAL OFFICE FOR THE ASSISTANCE AND SUPPORT YOU PROVIDE US TO MAKE OUR 4-H PROGRAM SUCH A SUCCESS IN MURRAY COUNTY.

WE WISH TO THANK YOU ALL!!!

SUMMER DAY CAMP ACTIVITIES

Parent /guardian must register 4-H'ers before event on our website or in person. 4-H'ers are not registered until that activity is paid for. NO REFUNDS unless the activity is canceled by Murray County 4-H. Limits for attendance depend upon adult volunteer participation, our standard limit is 23 students per activity unless otherwise specified. Lunch will be provided for activities unless otherwise noted. Drop-Off and Pick-Up for each activity will be at the 4-H Office unless otherwise noted. Return times may vary up to an hour early or late depending on traffic or other variables beyond our control.

***There are to be no flip flops on activities, all sandals must have back straps. ***

<u>CONGRATULATIONS! TO WES-Mrs. King's 5th grade and EES-Mrs. Gutierrez's 6th grade</u> for collecting the most tabs for the Ronald McDonald 'Can Tab' Project! They will receive a PIZZA PARTY for their great effort to help this wonderful program!







ROME EMPERORS BASEBALL

When: JUNE 5TH

Time: 8:30a-4:30p Cost: 12.00+ Drop off/Pick up: Murray County 4-H Office



Enjoy a day at the ball field with lunch included while cheering on the Braves! Concessions cost extra. The stadium is cashless.

Chief Vann House Clean Up

You will help tidy up this historical site to prepare it for the Chief Vann House Days festival.

DROP OFF/PICK UP: Chief Vann House WHEN: June 6th Cost: \$0

TIME: 9:00a-1:00p

School lunch will be provided or BYOL

Hiwassee Kayaking Trip

WHEN: June 13th COST: \$25+

WHERE: Hiwassee Outfitters, Reliance, TN

TIME: 9:15a - 5:00p Drop off/Pick up: 4-H Office

AGE LIMIT: Current 6th grade - 12th grade

WEAR: Water shoes, hat, swim suit (one piece or tankini)

Bring: towel, sunscreen and dry clothes to change into. Hiwassee River is 5.5 miles of Class I and II whitewater.

Also **bring money** for snacks or souvenirs!

School lunch is available or BYOL

***Waiver required ***





Like our Facebook Page: Murray County 4-H





Time:9:30a-4:30p Cost: \$25.00+ When: June 18 Drop off/Pick up: Murray County 4-H Office



Join us for luxury bowling lanes, huge Game Zone arcade and state-of-the-art laser tag arena!

ADOPT A MILE and/or GREEN HOUSE

WHEN: June 20th Drop off/Pick up at 4-H Office

Time: 9:00a-2:00p Cost: \$0

School lunch will be provided or BYOL

Wear comfortable shoes!



Conasauga River Clean-Up

When: June 26th Time 8:15a-5p Cost: \$0

Drop off/Pick up: 4-H Office

AGE LIMIT: Current 6th grade -12th grade

IMPORTANT TO BYOL TODAY

Wear: Water shoes, hat, swimsuit (one piece or tankini), towel, sunscreen and dry clothes to wear home. We will be traveling down in canoes and picking up trash out of the river as we go. (We will supply waters)

The Conasauga River runs through Murray County Georgia. It is 93 miles long and home to 90 species of fish and 25 species of freshwater mussels.

Date: July 16th

Time: 9:15a-4:45p

Drop off/Pick up at 4-H Office

Cost: \$25.00+

(Lunch is included)

Urban Air is the extreme indoor adventure park with Go-karts, sky rider-zip lines, ropes course and many other fun activities to try.

Concessions cost extra.

***Waiver reauired ***



Service at Mack Gaston Community Center



Date: July 17th

Time: 8:00a - 3:00p



Cost: \$0

School lunch is available or BYOL

Drop off/Pick up at 4-H Office

We will be assisting with arts and crafts classes. After lunch we will visit the splash pad. *Bring towel and swimsuit if you want to play in the water.*

4-H Day Atlanta History Museum

When: July 18 Time: 8:00a -5p Cost: \$10.00+ School lunch is available or BYOL. Drop off/Pick up at 4-H Office

Learn more about Atlanta and Georgia History, visit the Swan House (the Capitol building in The Hunger Games movies), the Olympic museum, and see the farm, gardens, and featured exhibits.

There is a concessions and gift shop.



Health Rocks Camp

When: July 31 Time: 8:30a- 4:30p Cost: \$10 Drop off/Pick up: 4-H Office Wear: T-Shirt, shorts, hat, and tennis shoes Bring: Swimsuit (one-piece or tankini) and towel. BYOL or School lunch provided.

Health Rocks is a healthy living program designed to help youth build life skills that lead to lifestyle choices. Murray County teens were trained by UGA to lead youth in a program with that will help youth learn and practice decision making skills to

resist risky behaviors such as smoking, drinking, vaping and drug use. Health Rocks!







Broken Heart Ranch

When: August 6th Time: 8:30a-1:00p **Cost: \$0**

School lunch is available or BYOL Drop off/Pick up at 4-H Office

Wear closed toe shoes!

Will be assisting washing horses and equipment.



"Top Chef" meets "Cupcake Wars"

When: August 8th Time: 9:30a - 3:30p **Cost: \$12** Drop off/Pick up: North Murray Ag. Center

Test your culinary skills as you compete against teams to prepare the best lunch of the day. The winning team will be crowned "Murray County 4-H Top Chefs"! After lunch, we will see how well you decorate under pressure while icing your best cupcakes. Prizes will be awarded for:



"Best Decorated" and

"Most Detailed Cupcake"!





Overnight Trip Tubing in Blue Ridge and Movie niaht



When: August 14th —August 15th

Time: 8:30a on 8/14 - 12p on 8/15

Drop off/Pick up at 4-H Office

AGE LIMIT: current 6th grade-12th grade

Cost: \$25+ bring money for dinner and snacks at the Movie.

!!!BYOL on Wed!!!

Wear: Water shoes, hat, swimsuit (one piece or tankini) and sunscreen

Bring: Sleeping bag, pillow, toiletries, bug spray, flash light, towels, and clothes.

Toccoa Valley Campground is nestled in the heart of the North Georgia mountains, located on the bank of the beautiful Toccoa River in Blue Ridge, GA. We will eat out at Dairy Queen before going to the Ellijay Movie Theatre.

Thank you all for a great school year! Come join us for a summer filled with excitement and fun!

2024 MURRAY COUNTY 4-H SUMMER DAY CAMP REGISTRATION

GEORGIA R.H.
MRAY COULT

4-H'ers NAME	Age Med. Form Yes No
PHONE #	
Online Code of Conduct w	rill be emailed once signed up and is required to participate.
PARENT OR GUARDIAN NAME:	CELL PHONE#
E-MAIL	
*** = Waiver is required BYOL = Bring your own lunch	+ = Bring money for food/snacks/souvenirs/etc. Drop off/Pick up at: 4-H Office/2662 Mt. Carmel Church Rd. (Unless otherwise noted.)

Date	Activity	Cost	Paid
5	Rome Emperors Baseball	\$12+	
5	Chief Vann House Clean Up	\$0	
11	Teen Leader Training (Current 6th -12th grader's)	\$0	
13	Hiwassee Rafting (6th -12th grades) ***Waiver Required***	\$25+	
8	Spare Time (Bowling & Arcade)	\$25+	
20	Green House	\$0	
20	Adopt a Mile Clean-Up	\$0	
21-23	State Council (Current 8th -12th grader's)	\$40+	
26	Conasauga River Clean Up (Current 6th -12th grader's)	\$0	
6	Urban Air Adventure Park ***Waiver Required***	\$25+	
7	DFCS Crafts (Mack Gaston Community Center)	\$0	
8	4-H Day @ Atlanta History Center	\$10+	
0	Murray Banquet (for active 4-Her's)(Invitation only)	\$0	
1	Health Rocks Camp	\$10	
st 6	Broken Heart Ranch	\$0	
st 8	Top Chef meets Cupcake Wars	\$12	
st 14 & 15	Overnight/Toccoa River Tubing	\$25+	
		TOTAL DUE	
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University of Georgia is an Equal Opportunity, Affirmative Action, Veteran, Disability Institution. If you need a reasonable accommodation or language access services. Contact the Murray County Extension at (706) 695-3031 at least three weeks prior to the program date.