



FOCUS ON 4-H

May 2022

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Webpage: <http://extension.uga.edu/county-offices/lamar/4-h-youth-development.html>

Lamar County Extension • 118 Academy Drive, Suite A • Barnesville, GA 30204 • 770-358-5163



4-H PHOTOGRAPHY CONTEST

Georgia 4-H announces the 2021 4-H Photo Contest! This contest is open to all 4-H'ers in 4th-12th grades and adults. Two photos may be submitted per participant under each of the five categories: (1) Focus on 4-H Agriculture and STEM; (2) Focus on 4-H Camp and Environmental Education; (3) Focus on 4-H Citizenship, Leadership, and Service; (4) Focus on 4-H Healthy Living and (5) Focus on 4-H Volunteerism.



All photos must have been taken between August 1, 2021 – July 31, 2022, by the 4-H member or adult who is

submitting the photo. Photos should not be resubmitted from previous years. All photos must be submitted by August 31, 2022. Photos should be submitted at the following website: www.tinyurl.com/4hphoto22

DAIRY MONTH 4-H POSTER CONTEST

June is dairy month and what better way to observe it than with a 4-H poster contest! The theme for the poster contest is *"Journey to the Center of the Dairy Farm"*.



4-H members should enjoy designing a dairy poster with this theme! The contest is open to all registered 4-H members in the 4th-12th grades. Posters are due to the Lamar

County 4-H office on or before May 13 before 4:30 p.m. The following will be awarded in each age group: 1st place \$100 gift card; 2nd place \$75 gift card and 3rd place \$50 gift card in each age group.

WATERMELON GROWING CONTEST 2022

The Georgia 4-H Watermelon Growing Contest is open to all students enrolled in the Lamar County 4-H program. Prizes will be awarded for 1st, 2nd and 3rd place. All watermelons must be measured and verified by the Lamar County Extension/4-H Office by Thursday, July 28. For more information, please call us at 770-358-5163.



COMMUNITY SERVICE OPPORTUNITIES

Get Involved in Your Community!

MEALS ON WHEELS

Middle and high school students are needed to help Lamar County 4-H deliver meals to the Seniors in our community. Two students are needed on **May 19**. Please call us at 770-358-5163 if you would like to help by May 17.



CARDS FOR SENIOR PALS!

Help Lamar County 4-H spread some much needed cheer by sending well wishes to our "Senior Pals". Come by the 4-H office by **Friday, May 13** and pick up five cards to write some kind and/or encouraging words on them. The cards will be due to the Lamar County Extension/4-H office by **Tuesday, May 17**. For more information, please call Ms. Jackson at 770-358-5163.

LAMAR COUNTY 4-H UNITY T-SHIRT

We only have five Lamar County 4-H "Unity T-Shirts" left! The t-shirts that we have left are: youth small (1); youth medium (1) and adult small (3). The shirts are \$12 each. For more information, please call us at 770-358-5163. Please make checks payable to Lamar County 4-H.



4-H YOGA IN THE PARK, MAY 2

Join us for "4-H Yoga in the Park" on May 2 at Summers Field Park from 3:30 p.m. – 4:15 p.m. Dr. Ann Jones, an LCMS educator, will lead our session. All students enrolled in the Lamar County 4-H program are welcomed to attend. To reserve your mat or for more information, please call us at 770-358-5163.



CONGRATULATIONS P.E.E.P SQUAD!

The 4-H P.E.E.P (People Excited about Eggs and Poultry) Squad competed at the 2022 Poultry Judging Competition recently in McDonough! This STEM-based competition called for students to candle and grade eggs, identify cuts of meat and determine past egg production of hens. Our 4-H'ers included students from Lamar County Elementary School, Lamar County Middle School, Lamar County High School and Rock Springs Christian Academy. These students prepared and practiced at the 4-H office and did a fantastic job at the competition!



GEORGIA 4-H STATE HORSE SHOW EDUCATIONAL CONTESTS!

This competition is open to Cloverleaf (4th-6th graders), Juniors (7th and 8th graders) and Seniors (9th-12th graders). Eligibility is determined by the grade level during the 2021 - 2022 school year. The different contests that students can enter are: (1) Individual Demonstration Contest (Method); (2) Team Demonstration Contest (Method); (3) Public Speaking Contest; (4) Horse Drawing Contest; (5) Horse Painting Contest; (6) Horse Essay Contest and (7) Horse Photography. All educational contest entries must be submitted to the Lamar County Extension/4-H office via email or in person at the office by 4:30 p.m. on **Wednesday, May 18**. For an entry form or more information, please call us at 770-358-5163.



4-H SUMMER ACTIVITIES

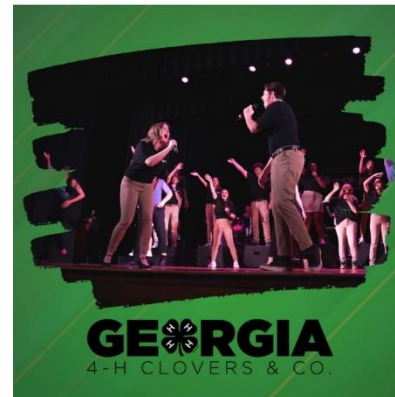
The perfect way to get started in 4-H! We have some fun summer activities planned for June and July. The activities that we have planned for June include a fun day at Fortson 4-H Center in Hampton and a Macon Bacon baseball game at Luther Williams Field in Macon. In July, we'll travel to Rigsby Water World for a fun time on water rides and Pin Strikes for bowling and other games! We'll also have some fun activities in the 4-H office, too! Be on the lookout for more details and always check our Facebook Page here: [@LC4HGA](https://www.facebook.com/LC4HGA)



CLOVERS & CO. AUDITIONS

Clovers & Co. is the performing arts group of Georgia 4-H. It is made up of singers, dancers, instrumentalists and stagehands. Students enrolled in the Lamar County 4-H Program in grades 4-12 can apply.

If you are interested in being a part of Clovers & Co., you must complete a Qualtrics survey with an additional signature page that must be submitted by the Lamar County Extension/4-H office. This signature page requires a signature from the 4-H'er that is applying, their parent/guardian, and Ms. Jackson, Lamar County 4-H Extension agent. The signature page states that all parties



met, agree and discussed the responsibilities required of Clovers & Co. cast members. Per UGA policy, only wet signatures will be accepted. Digital signatures are not permitted. *The application deadline for interested 4-H'ers enrolled in the Lamar*

County 4-H Program is June 10! The application can be found at the following link: tinyurl.com/22-23CloversApp

SAVE THE DATE!

Our office is planning to hold an in-person 4-H Awards Program on Monday, June 1 at the Barnesville-Lamar Public Library beginning at 6:30 p.m. However, we want to hear from you first! If you participated in a competitive 4-H activity between 2019 – 2022, you will receive a survey asking if you be interested in attending.

WAY TO GO, EVIE

Kudos to Lamar County Middle School 4-H'er, Evie McEvers on her recent presentation to Extension agents in Northwest District! Evie spoke to the Extension agents about showing sheep and answered their questions. Evie demonstrated how she shears her animal and showed Extension agents how to properly brace an animal when showing in the ring. Good job, Evie!



Have a great Summer VaCation!

LAMAR COUNTY 4-H TEEN LEADER TRAINING

Teen Leaders are an important part of the Georgia 4-H program. Lamar County 4-H is looking for students that will be in grades 9-12 during the 2022-2023 school year. Lamar County 4-H certified teen leaders will conduct project clubs, can possibly attend 4-H camp as an assistant, help with and plan 4-H activities, supervise and mentor younger 4-H'ers, and serve as County Council officers.



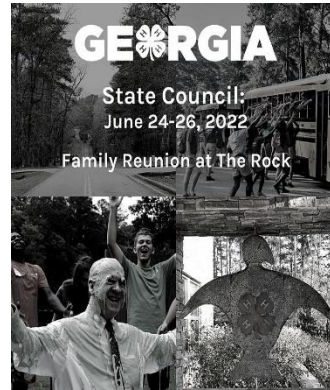
If you are interested in becoming a Lamar County 4-H Certified Teen Leader, you must attend a two-day training. The cost of the training is \$15 which includes a name badge and supplies. There must be between 6-10 students that are committed to becoming a teen leader before the training can be held. Please complete the interest form by May 20 at:
<https://forms.gle/U6Q3v7RURczGJNjy7>.

Congratulations LCHS Class Of 2022!



STATE 4-H COUNCIL 2022 “FAMILY REUNION AT THE ROCK”

State 4-H Council will be held at Rock Eagle 4-H Center June 24-26. **This event is for rising 9th-12th graders.** The State 4-H Officers have planned an exciting event this year filled with workshops, pool time, the Iron



Clover competition, community service projects, and live entertainment! This annual event is always a TON of fun and transportation is included to and from Rock Eagle. Come hang out with other 4-H'ers from across the state and vote for your new 4-H State Officers! The cost for this event is \$100 before June 15. The cost for this event will be

\$105 after June 15. *Through funding from a Wal-Mart Education Grant, potential attendees may apply for a \$50 “First-Timer” scholarship to attend.* Please contact the Lamar County Extension/4-H office at 770-358-5163 for more details.

MAY HAPPENINGS!

4-H YOGA IN THE PARK

Summers Field Park

May 2, 2022

3:30 p.m. – 4:30 p.m.

Please call the 4-H office at 770-358-5163 by noon on May 2 to let us know if you want to attend. This event for 4-H'ers in grades 1st – 12th. ☺

TEEN CONNECTION

(FOR 9TH – 12TH GRADERS)

Barnesville-Lamar County Public Library

May 9, 2022

4:30 p.m. – 5:30 p.m.