

FOCUS ON 4-H

February 2024 Volume 22, Number 2



Webpage: https://extension.uga.edu/county-offices/lamar.html
Lamar County Extension ● 118 Academy Drive, Suite A ● Barnesville, GA 30204 ● 770-358-5163

JOIN THE P.E.E.P SQUAD!

Lamar County 4-H wants YOU to join the P.E.E.P (People Excited about Eggs and Poultry) Squad! As a member of the P.E.E.P Squad, you will learn how to candle



eggs, identify chicken parts that we buy in the grocery store, learn about live chickens and incubate chicken eggs! As a squad member, you will compete at the district competition at the Henry County Extension office on April 17. Practices will be held at

the Lamar County Extension/4-H Office beginning Tuesday, February 13 at 3:45 p.m. The coach will be UGA Certified Volunteer Leader, Mrs. Emily Berner! The link to sign-up for the team will open on February 1 at the following site: https://tinyurl.com/peepsquad. Space is limited to seven students currently enrolled in the Lamar County 4-H Program.

CONGRATULATIONS, TEAM!

The Lamar County 4-H Horse Quiz Bowl team competed at the 2024 State Horse Quiz Bowl Contest in Morgan County on Saturday, January 27. Horse Quiz Bowl is one of Georgia 4-H's dozens of agriculturally based programs that are offered to youth with the goal of providing educational experiences that equip participants for their future as citizens and stewards of the planet. Contestants prepare by studying industry standard handbooks on equine health, history, management, and



care. Participating 4-H'ers gain a practical understanding of equine science and principles of horse management applicable to enhancing horse ownership or other

equine related activities. The team members included: Clayton Andrews, Kennedy Andrews, Bailey Berner, Ashlyn Brock and Cassie Gilles. The team was coached by UGA Certified Volunteer Leader, Ms. Ashley Gilles.

If you are an individual with a disability who may require assistance or accommodation in order to participate in or receive the benefit of a service, program, or activity of UGA, or if you desire more information, please contact us at 770-358-5163.

COMMUNITY SERVICE OPPORTUNITY

Get Involved in Your Community!

HELPING HEARTS

Wednesday, February 7 Barnesville-Lamar County Library 3:30 p.m. – 4:30 p.m.

Hey, 4th-7th graders! It's time for Lamar County 4-H Helping Hearts! We'll have fun with STEM crafts, games, pizza, refreshments and of course, doing activities



that help our community! Space is limited. Transportation from Lamar County Elementary School can be provided to this activity. However, parents must come pick up their child from this activity. Sign-up at the

Google Form: http://tinyurl.com/4-HHelpingHearts. The form will open on February 2 at 5:30 p.m. and close on February 4 or when the maximum number of students has been reached. LCES 5th grade 4-H'ers who are registered for and participate in this event will earn 20 "Banner Points" for their class!

BINGO AT THE HERITAGE INN Monday, February 26 2:45 p.m. – 3:30 p.m.

It's time for BINGO! Lamar County 4-H will help residents with hearing and seeing numbers and anything else they will need to have a fun time playing BINGO! If you want to help and you attend LCMS, Ms. Jackson can



pick you up after school in the 4-H bus. Parents of LCMS students must call the 4-H office to give their permission for their student to attend and to reserve a seat on the bus (if needed) by Friday, February 23. Seating on the bus is LIMITED to 10 students. If you are a 5th grade LCES or LCHS 4-H'er,

your parent will need to bring you to the Heritage Inn. All students need to be picked up at the Heritage Inn no later than 3:45 p.m. in the front lobby. Call the office at 770-358-5163 for more information.





WE HAVE PECANS!



Don't miss our Pecan Fundraiser! For only \$13.00, you can get your hands on a one pound bag of Georgia Grown shelled pecan halves that are perfect for holiday baking or snacking or gift giving!

POETRY AND ART CONTEST OPEN!

The River of Words Poetry and Art Contest inspires students ages 5 to 19 to submit water and watershed-related poetry and artwork for judging. Students







can be associated with a school or youth organization (such as 4-H). Complete

details can be found on the River of Words website at: https://projectwet.georgia.gov/ga-river-words. The deadline for submission is February 1, 2024, at 11:59 p.m. EST. LCES 5th grade 4-H'ers who participate in the contest will earn 20 "Banner Points" for their class!

WHO WANTS TO GO TO CAMP?!

The 2024 dates for 4-H summer camp have been set and we know where we are going! Cloverleaf Camp will be held at Rock Eagle 4-H Center in Eatonton from July 8-12 for 5th and 6th graders. Junior Camp will be held at Burton 4-H Center on Tybee Island from June 10-14 for 7th and 8th graders. Wilderness Challenge Camp will



be held in the mountains at Wahsega 4-H Center in Dahlonega for 6th-8th graders June 17-21. Senior Camp will also be held at Wahsega 4-H Center June 24-28 and

July 1-5 for 9th-12th graders. **Senior Extreme Camp** will be held at Rock Eagle 4-H Center June 3 – 7, 2024 for 9th-12th graders. **Senior Natural Resources Camp** will be held at Rock Eagle 4-H Center July 15-19 for 9th-12th graders. The cost for each camp is \$430. Online registration for each camp, with the exception of Senior Natural Resources Camp, will open on February 9, 2024 at



5:30 p.m. The link to each camp will be available on the Lamar County Extension website on the "4-H Youth Development" page before February 9. The links will also be available on the Lamar County 4-H Facebook page. The Lamar County Extension website can be accessed at:

https://extension.uga.edu/county-offices/lamar.html or by scanning the QR Code.

CALLING ALL 4TH-6TH GRADE 4-H'ERS!!

It's time for you to get excited because sign-up for the 2024 Cloverleaf Project Achievement Competition is almost here! The Cloverleaf Project Achievement Competition is where students pick a project category, find



out information about a project topic and share what they learned at Rock Eagle 4-H Center in Eatonton Georgia on

February 17, 2024! There are over 50 project categories for you to choose from including science, horse, history, crafts, dogs, cats, cars, food, sports and many more! Projects are available on a first-come, first served basis. Students may select their choices for a project category at: https://tinyurl.com/CloverleafProjectAchievement24. The last day to pick a project is by noon on Monday, February 5. LCES 5th grade 4-H'ers that participate in the competition will earn 50 "Banner Points" for their class!

2024 GEORGIA 4-H HORSE SHOW AND EDUCATIONAL CONTESTS

Each year, Georgia 4-H hosts a statewide Horse Show that features everything from halter classes to dressage classes to timed contest events. Georgia 4-H also holds a number of horse-focused educational contests where 4-H'ers can showcase their talent in drawing, painting, method demonstration or public speaking, writing and photography.

Students who wish to show a horse or horses must own or lease a horse prior to March 1, 2024. Additionally, those students who wish to show a horse or horses must



complete an "Intent to Show Form" and complete specific Georgia 4-H Horseman books. Students who wish to participate in the Georgia 4-H Horse Show and Educational Contests must be 4th -12th graders currently enrolled in the Lamar County 4-H

Program. Eligibility is determined by grade level during the 2023-2024 school year.

If you are interested in receiving information about the 2024 Georgia 4-H Horse Show and Educational Contests, please complete the interest survey by February 16 on Google forms at the following link:

https://tinyurl.com/horseshowandeducationalcontest

GEORGIA FARM BUREAU MIDDLE SCHOOL DESIGN A BOOKMARK CONTEST

Are you a 6th, 7th, or 8th grade student in Georgia?



If so, enter the Georgia Farm Bureau Middle School "Design a Bookmark Contest". Check out the link below for more information:

https://www.gfb.org/learn/bookmarkcontest

4-H "MIDDLE SCHOOL MEET-UP"! FOR 7TH AND 8TH GRADERS

We are so looking forward to our **February 26** "Middle School_Meet-Up" for our 7th and 8th graders (immediately following our time playing BINGO) at 4:00



p.m. If you help with BINGO at the Heritage Inn, you'll ride the 4-H bus to the Lamar County Extension/4-H Office. You'll find out what cool things are going on in 4-H, play some games and

have pizza. Let Ms. Jackson know that you want to attend by sending her an email at ojackson@uga.edu or by calling the office at 770-358-5163 before February 23.

MILKMAKE CONTEST, MARCH 18!

The Lamar County 4-H Program will hold the Georgia 4-H MilkMake contest on Monday, March 18 beginning at 6:00 p.m. The location will be shared to those



who register to participate. The contest is open to 4th – 8th graders enrolled in the Lamar County 4-H Program. The contest calls for 4-H'ers to make a drink using milk. The contest will be in the format of a fun cooking show. Entry forms and rules will be given to those 4-H'ers that

contact the Lamar County Extension/4-H office at 770-358-5163. LCES 5th grade 4-H'ers who participate in the contest will earn 20 "Banner Points" for their class!

PEANUTRITION CONTEST, MARCH 25!

The Lamar County 4-H Program will hold the Georgia 4-H Peanutrition contest on Monday, March 25 beginning at 6:00 p.m. The location will be shared to those



who register to participate. The contest is open to 4th – 8th graders enrolled in the Lamar County 4-H Program. The contest calls for 4-H'ers in grades 4-6 to make a sandwich using peanut butter. 4-H'ers in grades 7 and 8 will make a snack using peanuts. Entry forms and rules will be given to those 4-H'ers who contact

the Lamar County Extension/4-H office at 770-358-5163. LCES 5th grade 4-H'ers that participate in the contest will earn 20 "Banner Points" for their class!

GEORGIA FARM BUREAU HIGH SCHOOL ART CONTEST



Are you a 9th - 12th grade student in Georgia? If so, enter the Georgia Farm Bureau High School Art Contest. Ten winners will receive \$100 cash and the state winner will receive \$250 cash (in addition to the district award)! Check out the link below for more information:

https://www.gfb.org/content/userfiles/files/AITC/LINKS /24%20art%20combined.pdf

4-H JUNIOR RALLY AT THE FALLS!

The 2024 Georgia 4-H Junior Rally will be held April 20-21 at Wahsega 4-H Center in Dahlonega. Junior Rally is a statewide event for 6th - 8th graders. The weekend will include workshops, high ropes obstacles, community service, s'mores, a talent show, dance, and the



annual glow-in-thedark Easter egg hunt. The cost for this event is \$80 before April 10. The cost for this event will be \$80 after April 10. Through funding from a Southern Rivers

Energy Operation Round-Up Grant, students who participated in the 2024 Cloverleaf and Junior~Senior Project Achievement Public Presentation competitions may attend this event for \$40. Please contact Ms. Jackson at the Lamar County Extension/4-H office at 770-358-5163 for more details.

TRUE LEADER TUESDAY

(for 9th-12th grade 4-H'ers)

True Leader Tuesday is a time for Senior 4-H'ers (9th-12th graders) to get together to have fun, find out



what's going on in 4-H and put their leadership skills to work! We'll be at the Lamar County Extension/4-H office on **February 27** beginning at 5:45 p.m. You'll help plan and get ready for 4-H "Earth Day" activities. Let Ms. Jackson know that you are going to attend by sending her an email at

ojackson@uga.edu or by calling the office at 770-358-5163 before February 26.





4-H SENIOR CONFERENCE

The 2024 Georgia 4-H Senior Conference will be held April 6-7 at Rock Eagle 4-H Center in Eatonton. Senior Conference is a statewide leadership and networking conference for high school students. The weekend will



include a Share Fair including college recruiters, a semiformal/formal dance known as "4-H Prom", an after-dance party including a mechanical bull, more

dancing, free pizza, games, and a lot of fun! The cost for this event is \$75 before March 27. The cost for this event will be \$80 beginning March 28. Through funding from a Southern Rivers Energy Operation Round-Up Grant, students who participated in the 2024 Junior~Senior Project Achievement Public Presentation competition may attend this event for \$50. Students who create a poster project presentation for this event may attend for \$25. Please contact Ms. Jackson at the Lamar County Extension/4-H office at 770-358-5163 for more details.



4-H Cloverbud Word Search

J	Υ	Н	Α	N	D	S	Κ	S	С	1	Ε	Ν	С	Ε
Α	٧	М	U	Q	K	Α	W	Н	X	R	W	Κ	J	Q
0	C	L	0	٧	Ε	R	Н	P	L	Ε	R	R	C	٧
G	K	T	M	Н	Υ	R	1	В	U	0	S	N	X	L
Α	٧	G	Н	Ε	U	Н	Т	Ν	D	Н	F	L	Α	G
M	Т	С	Α	Α	1	М	Ε	M	В	Ε	R	S	C	D
Ε	U	R	F	R	F	U	N	P	Z	Α	Н	0	Q	P
S	F	Α	М	Т	М	D	U	D	F	L	N	Ν	S	s
F	G	F	X	N	L	W	M	L	Ε	T	N	G	N	F
Α	С	Т	1	٧	1	T	1	E	s	Н	P	s	Α	R
R	Υ	S	Ρ	T	G	F	С	Α	٧	Ε	L	R	С	1
Α	Z	P	1	W	R	L	Q	D	R	Α	Ε	Ε	K	Ε
1	C	C	Y	K	Ε	Υ	F	Ε	T	D	D	L	S	Ν
N	Α	T	U	R	Ε	s	Υ	R	X	J	G	٧	D	D
U	D	٧	N	D	N	Q	Υ	S	Ε	G	Ε	U	Н	S

ACTIVITIES	FUN	HEART	PLEDGE
CLOVER	GAMES	LEADERS	SCIENCE
CRAFTS	GREEN	MEMBERS	SNACKS
FLAG	HANDS	NATURE	SONGS
FRIENDS	HEAD	HEALTH	WHITE

