



# Finding your way to Junior Project Achievement

7 Steps that will get you to  
the district competition at  
Rock Eagle in February

# The road to Project Achievement

- Select a project area from list
- Prepare and submit a portfolio
- Narrow down subject matter from project category for presentation
- Research and prepare speech
- Decide upon visuals
- Practice

# Project Achievement basics

- Juniors are judged on two elements – presentation 60% and portfolio 40%
- Portfolios are scored separately from the presentation
- Portfolios can contain activities that are not specifically related to your speech topic

# Step # 1

- Select a project area – refer to the project list:

<http://www.caes.uga.edu/extension/irwin/4H/documents/srprojectlist.pdf>

- Most require an informative speech
- Exception:
  - Food Labs
  - Performing Arts
  - Fashion Revue

# Project List

- Obtain a current project list. 4-H updates projects from time to time. Visit our web site to make sure you have an up to date project list.

## Step # 2

- It's time to work on the portfolio!
- The next 13 slides will guide you through the requirements of the portfolio

# What is a portfolio

- A document that lists the activities in which you have participated for the calendar year
- Most of the portfolio is a bulleted list
- There are specific categories to use
- One page of supporting materials which are pictures showing you involved in the activities that you list

# Portfolio basics

- Portfolio is four pages:
  - cover
  - two typed pages of accomplishments
  - one page of supporting materials
- Portfolios must be typed on white paper
- Margins must be at least  $\frac{1}{2}$  inch, font should be 10 point or larger



# Sections of the Portfolio

- Cover
- Background Information
- Main Project Work
- Main Project Sharing and Helping
- Leadership
- Citizenship
- Other Activities
- Supporting Materials

Contained  
on two  
pages

# Portfolio Cover

- Cover page contains your name and basic information such as age, grade, etc.
- The 4-H office will provide you with the cover page for your portfolio
- 4-H'er and parent sign the cover page

# Background Information

- Usually in paragraph form
- Your introduction of yourself to the portfolio judge
- May include info about you, your family, reasons for joining 4-H
- How you became interested in your project

# Main Project Work

- Work that you have done related to your project area
- Learning experiences in project
  - Classes, workshops, tours, etc.
  - List books, videos, or TV shows that relate to area
- Can include school classes



# Main Project Sharing and Helping

- Includes sharing/helping others in your project area
- May include:
  - Classes taught
  - Presentations
  - Exhibits
  - Project related community service

# Leadership

- Any leadership activities not included in main project area
- Holding office, serving on committees, etc.
- Activities are **NOT** limited to 4-H
- Use verbs such as: ***helped, led, organized, or taught*** to tell what you did

# Citizenship

- Any community service activities not listed under main project
- Activities to assist an individual or group
- Activities which will improve the community
- Not limited to 4-H

# Other 4-H Activities

- Anything else that you have done in 4-H not already listed in portfolio
- Can include judging teams, summer camp, contests, reward trips, etc.
- In school 4-H club meetings
- Portfolio workshops



# Other Activities

- Anything else you have done not listed elsewhere in the portfolio.
- Can include:
  - School clubs, events
  - Other 4-H activities such as judging teams
  - Awards, honors
  - Church activities
  - Youth groups such as scouting
  - Sports teams

# Supporting Materials

- Pictures or articles which document the activities listed in the portfolio
- Photos may be staged such as:
  - Feeding or walking dog (category dog care)
  - Setting table or cooking, grocery shopping, clipping coupons, etc. (food category)

# Portfolio Due Date

- Note the published deadline for portfolios to be turned in to the Irwin County 4-H office. It will usually be the last day of school before Christmas break.

Don't wait till the last minute. Let's get started today!

# Step # 3

- Time to turn your attention to your project/presentation



# After the Portfolio is submitted

- Narrow your subject within your category
- Research/gather information to write your speech

# A Good Speech contains:

- Introduction – Hook the audience, introduce yourself, tell them what your speech will cover
- Body – The facts that you want to tell the audience about your subject
- Conclusion – Summarize your main points, refer back to your opening hook, leave your audience wanting to hear more or take action

# Time requirements

- A junior presentation should be 7-9 minutes in length
- Exceptions:
  - Performing arts – 4 minutes
  - Food labs – have specific time limits for each project
  - Fashion Revue – model garment that you have made and answer questions

## Step # 4 – Visual Aids

- A visual aid is something your audience can see which helps them understand your subject. Examples:
  - Posters
  - Pictures
  - Items
  - Showing how to do something



# Poster Pointers

- Big and simple is best. Words should be read from the back of room
- Main ideas or phrases
- Use plain, easy to read type
- Dark colors for type, light colors for background



## Step # 5 - Practice

- Know your material and make sure you can pronounce all words
- Speak clearly and distinctly
- Stand tall and straight
- Make eye contact with audience
- Use or interact with your visuals

## Step # 6

- Make an appointment and come to the 4-H office
- Give your speech to one of the 4-H staff
  - Make any changes that are recommended

# Step # 7

- Pack your bags!
- You're on your way for a weekend of competition and fun 4-H activities at Rock Eagle
- Southwest District Project  
Achievement is usually in February  
(check with Irwin County 4-H office to confirm date)