

Grape Salad

1 package (8 ounces) 1/3 less fat cream cheese, softened
1 cup light sour cream
2 Tablespoons sugar
2 teaspoons vanilla extract
2 pounds seedless red grapes
2 pounds seedless green grapes
3 tablespoons stevia brown sugar
3 tablespoons chopped pecans

Directions:

In a large bowl, beat the cream cheese, sour cream, sugar and vanilla until blended. Add grapes and toss to coat. Transfer to a serving bowl. Cover and refrigerate until serving. Sprinkle with brown sugar and pecans just before serving.

Serves 8-10

Nutrient Analysis, per serving: 222 calories, 21g. carbohydrate, 3g. protein, 8g. fat, 216mg. sodium