

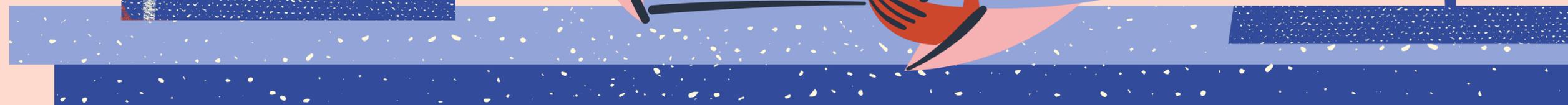
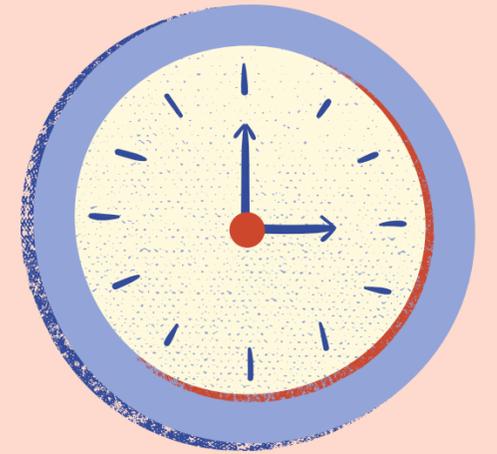
Kick the Fear

HENRY COUNTY 4-H



Public Speaking

How does it make you feel?

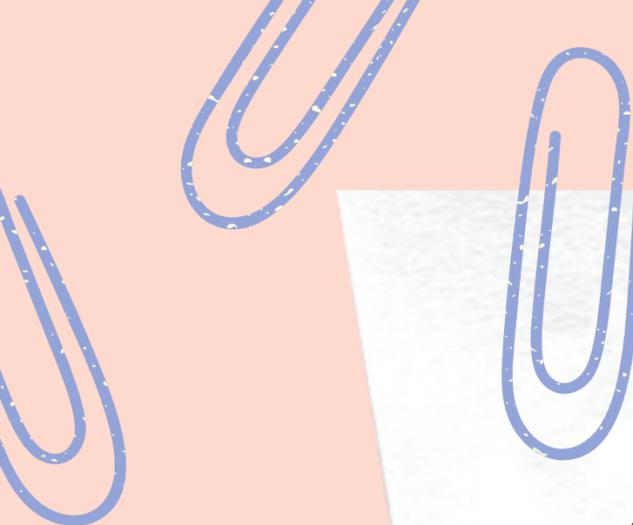


Highest ranked among
most common fears

- _____
- _____
- _____

Public speaking





Project Achievement



Develop written and oral communication



Learn presentation skills



Share about the things that interest you



Most importantly, overcome your fear of public speaking



What will you need to do??



Choose a topic



Research your topic



**Write your speech and
create your visual aids**

Step 1:

Choosing a Category/Topic



Choose a Category/Topic:

- What interest you?
- Categories Range from:
 - Engineering, Performing Arts, Sports, Cooking, General Science, Wildlife, and so much more



There is something for everyone!!

Step 2:

Planning Your Speech
Your speech will be between 4 - 5
minutes



Where do you go?

You will need AT LEAST 3 different resources



Library

Books, Magazines, Newspapers



Interview an Expert



Internet



Visit a Museum

Step 3:

Organizing Your Speech

Your speech will have 3 parts:

Introduction

Body

Conclusion





Introduction



Make sure to introduce yourself



Attention - Getter: Like a catch title

Keep it short but interesting

Facts that will pull people in
Crazy facts, believe it or not statement,
quotes





Body

Main details of your speech

Make sure to have subtopics to give your speech direction

Keep ideas in a logical order

Always use your own words (DON'T copy anyone else work)

Make it fun and keep it interesting



Conclusion

Keep it short

Restate the main points discussed in the body

Sum it all up

Leave your audience with a good note

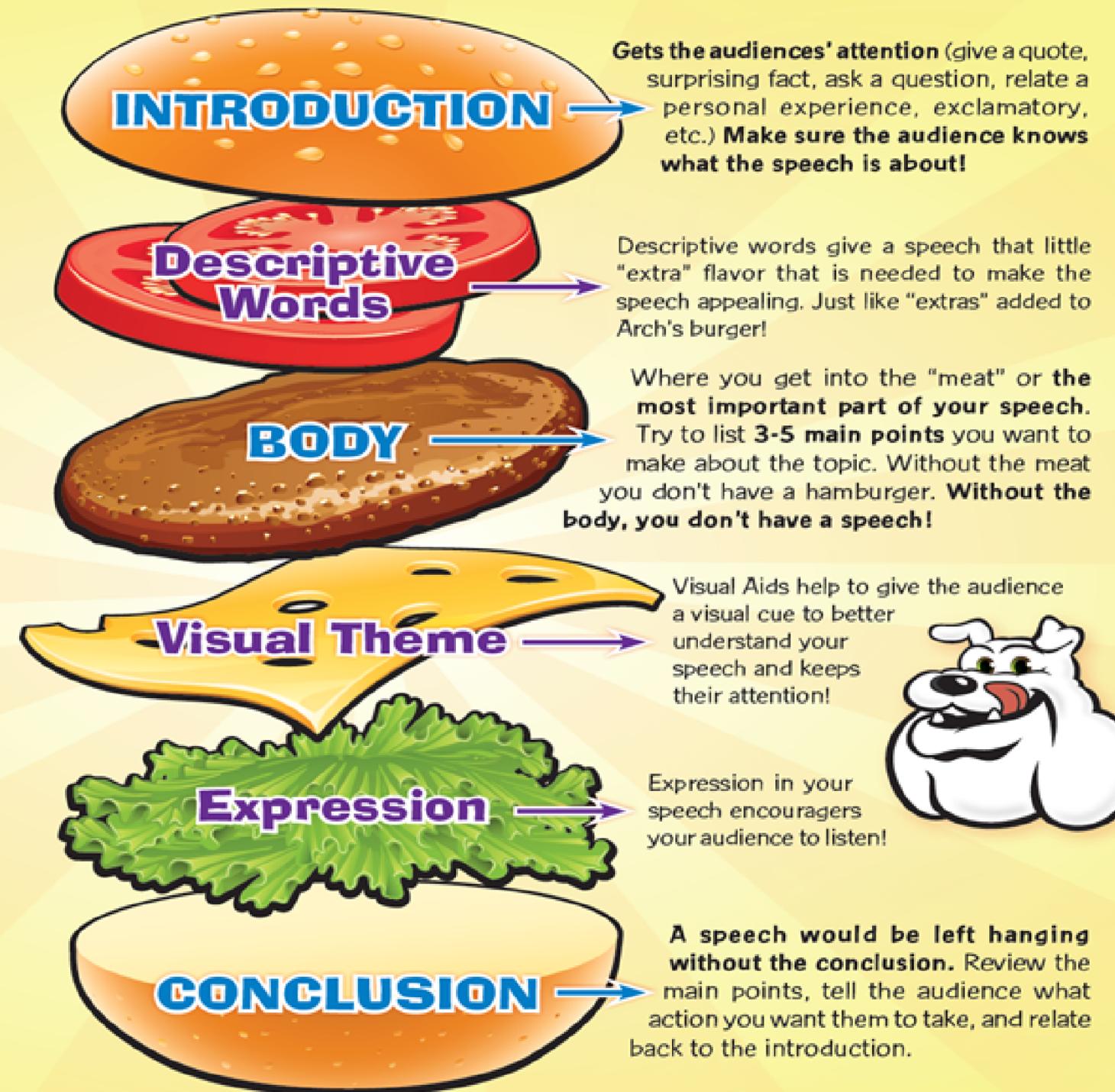


Think of your speech like this:



Arch's Build a Speech Activity:

Now that you've picked your project, you are ready to put together your presentation. Arch the Dawg loves a good burger with lots of extras added, so follow his recipe to build your speech. Whether your presentation is for Cloverleaf Project Achievement or District Project Achievement or for a school project, this is all you need!



Acknowledgements:

Teaching 4-H Demonstrations and Talks from Georgia 4-H English Language Arts Curriculum

Step 4:

Creating Your Visual Aids



What is a visual aid?



Posters



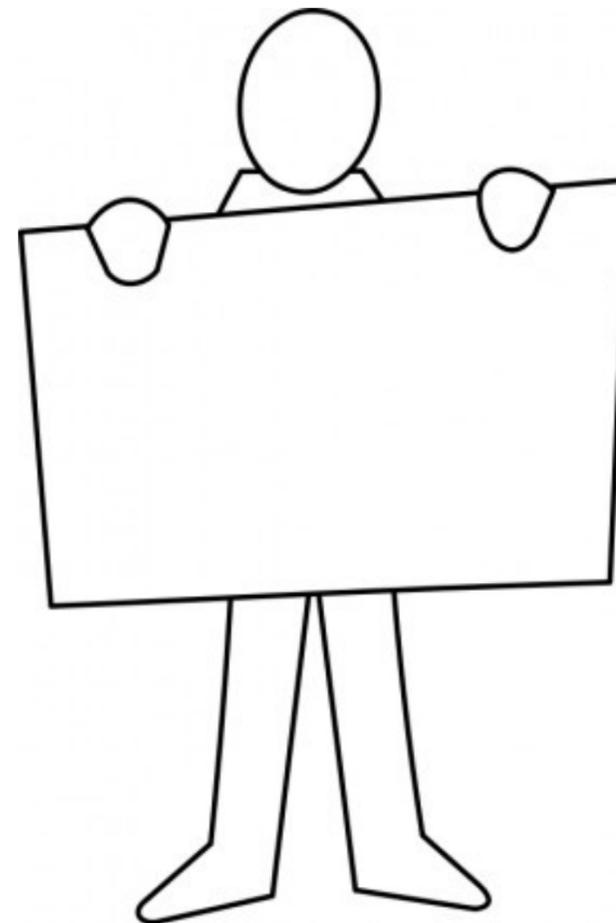
Uniform or outfit

Must be school appropriate



Objects

Must be school appropriate



Parts of your Posters

You will have 3 - 5 posters minimum.

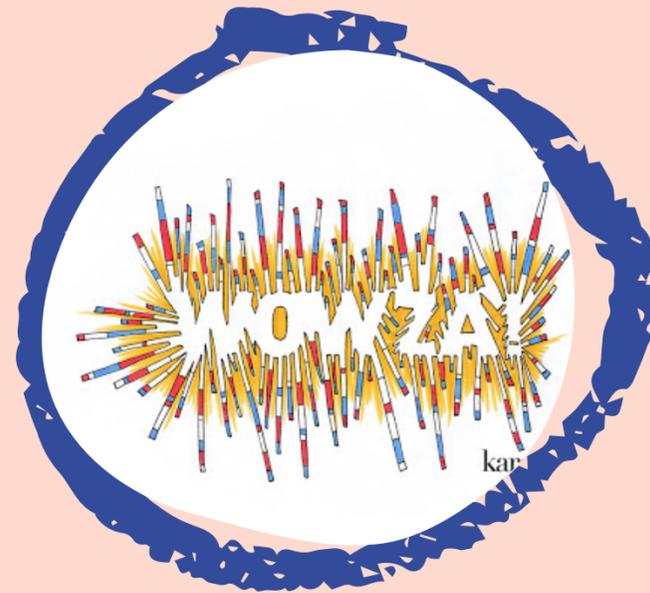
2 - 3 of those posters will be your body posters.

Your posters should go along with your speech and support what you want people to know



Title Poster -
1st Poster

This will go with the intro to your speech



Body Poster -
2nd through 4th posters

These posters will go with the body of your speech



Conclusion Poster -
Can be your title poster

This will be up during the conclusion of your speech



Introduction Poster

Will be your title poster

Should catch the audiences attention

Try to have a creative and catchy title

Make it fun!

Body Posters

Remember you should have 2-3 body posters

These posters should support what you discuss in your speech

Only use key words - don't use long sentences
Keeping wording to a minimum on the posters

Have pictures that support your speech to help people see what you are talking about

Make sure not to use too many
Make sure they are big enough for people to see
You can draw pictures, print them from online, or cut from magazines

DO NOT put your whole speech on your poster

Make sure words are large enough for people to read

Keep it clean and neat

Be Creative!!





*Let's Cut a
Rug*

Conclusion Poster

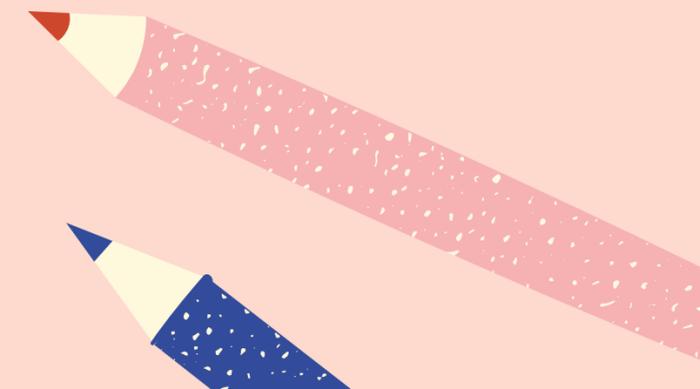
Remember this can be your intro poster again. You don't have to create a new poster.

Sum it all up

Remind the audience of the important parts of your speech

Leave the audience on a good note

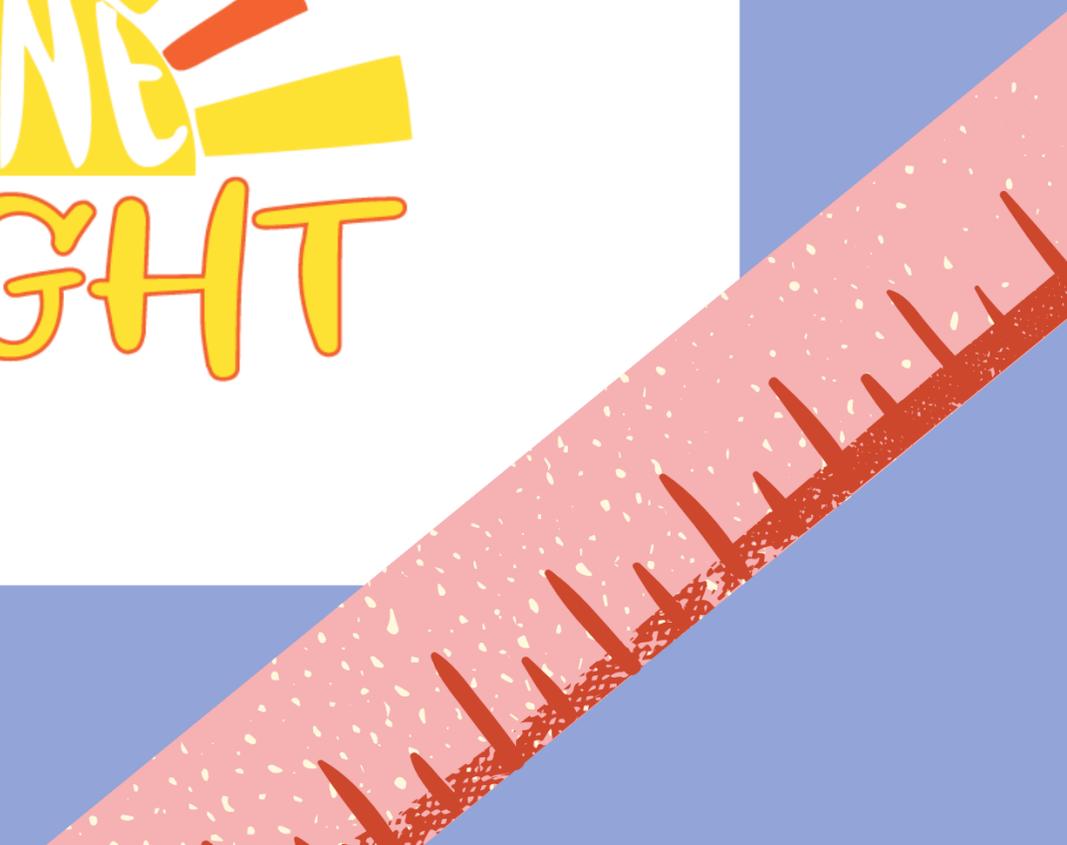
Make it fun!





Poster Tips

-  Use Poster Board
-  Don't roll your posters
-  Keep your posters flat
-  Use more pictures than words
-  Make them fun and creative!



Example Posters

Introduction Poster



IT IS

YOUR



BEESWAX

Example Posters

Body Posters



QUEEN



DRONE



WORKER



Example Posters

Conclusion Posters



IT IS

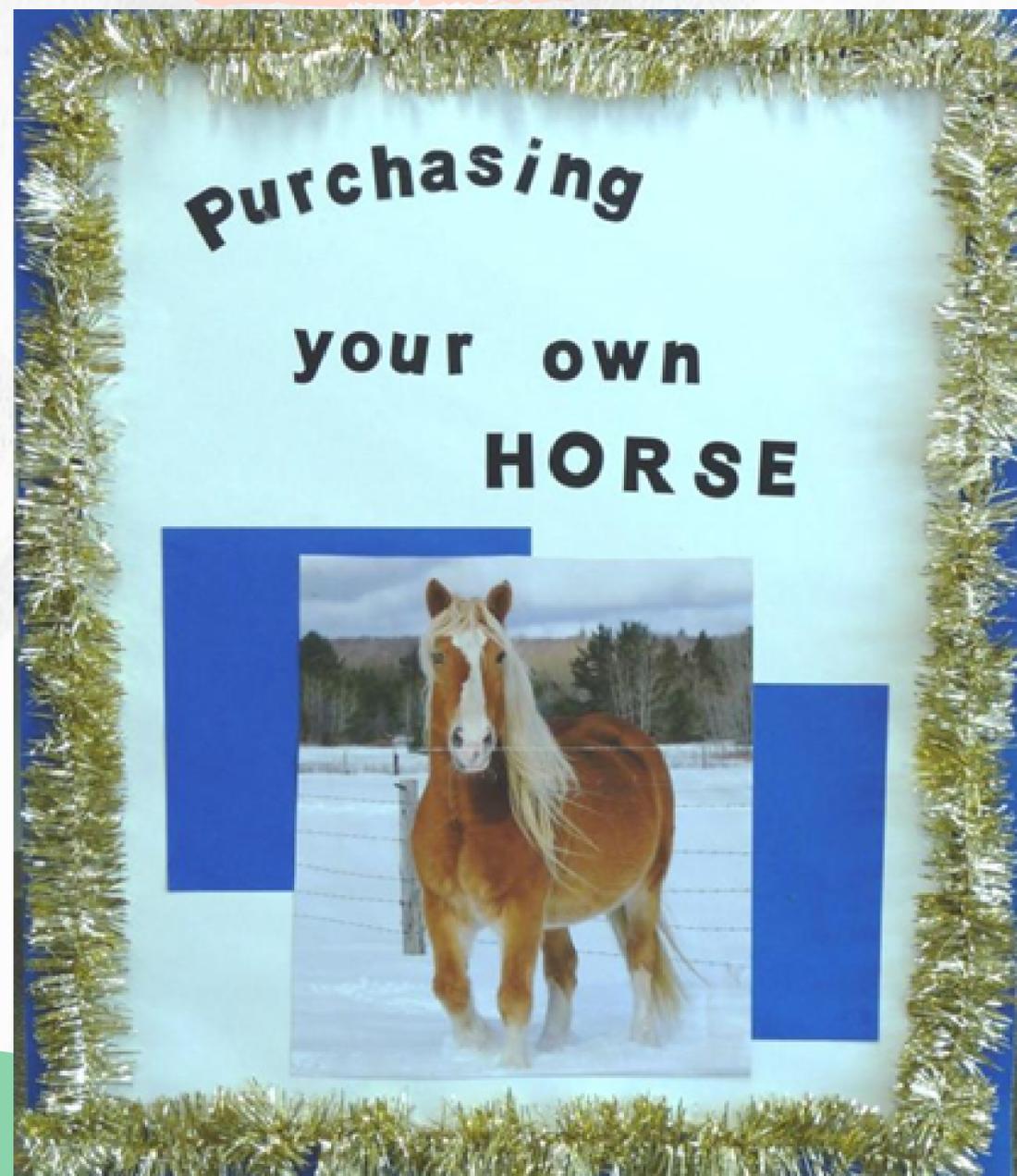
YOUR



BEESWAX

Example Posters

Introduction Poster



Example Posters

Body Posters

GOALS

4-H
FIRST
PLACE

BUDGET

TIME

EXPERIENCE

This poster is a collage of items related to horse care. At the top left is a blue 4-H ribbon with a horse emblem and the text '4-H FIRST PLACE'. To its right is a photograph of a person in a cowboy hat riding a brown horse. Below the ribbon is a pink L-shaped graphic. To the right of the pink graphic is a calendar grid. At the bottom left is a ten-dollar bill. The word 'GOALS' is written in a white box at the top, 'BUDGET' in a white box on the left, 'TIME' in a white box on the right, and 'EXPERIENCE' in a white box at the bottom.

DURING

YOUR

VISIT

This poster features three photographs. The top right photo shows a person in a cowboy hat standing next to a dark horse. The middle left photo shows a brown horse standing in a stall. The middle right photo shows a person riding a brown horse. At the bottom left is a pink rectangular area containing a white horse trailer. To the right of the trailer is a silhouette of a brown horse. The words 'DURING', 'YOUR', and 'VISIT' are written in white boxes at the top, middle, and bottom respectively.

Example Posters

Conclusion Posters



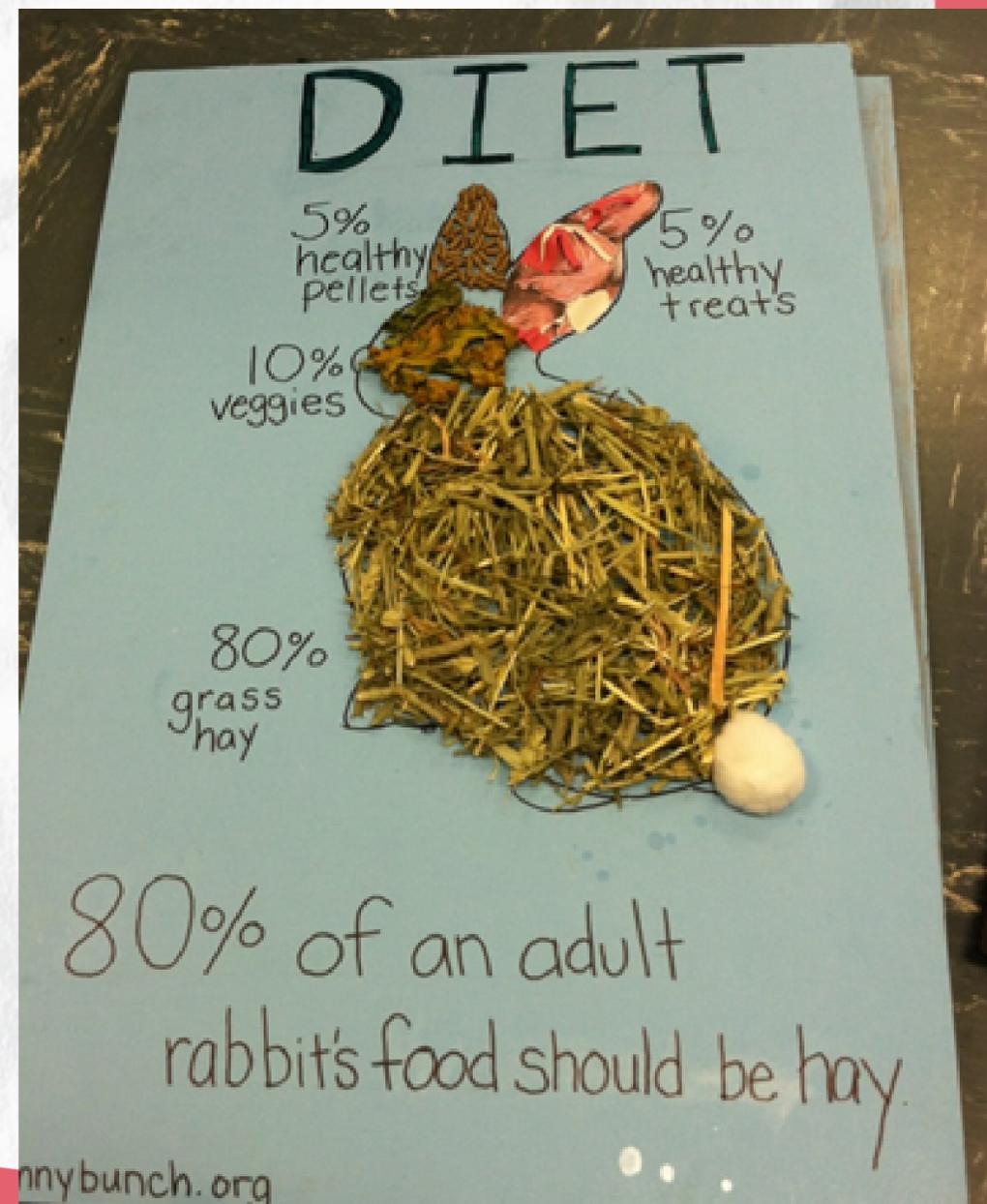
Example Posters

Introduction Poster



Example Posters

Body Posters

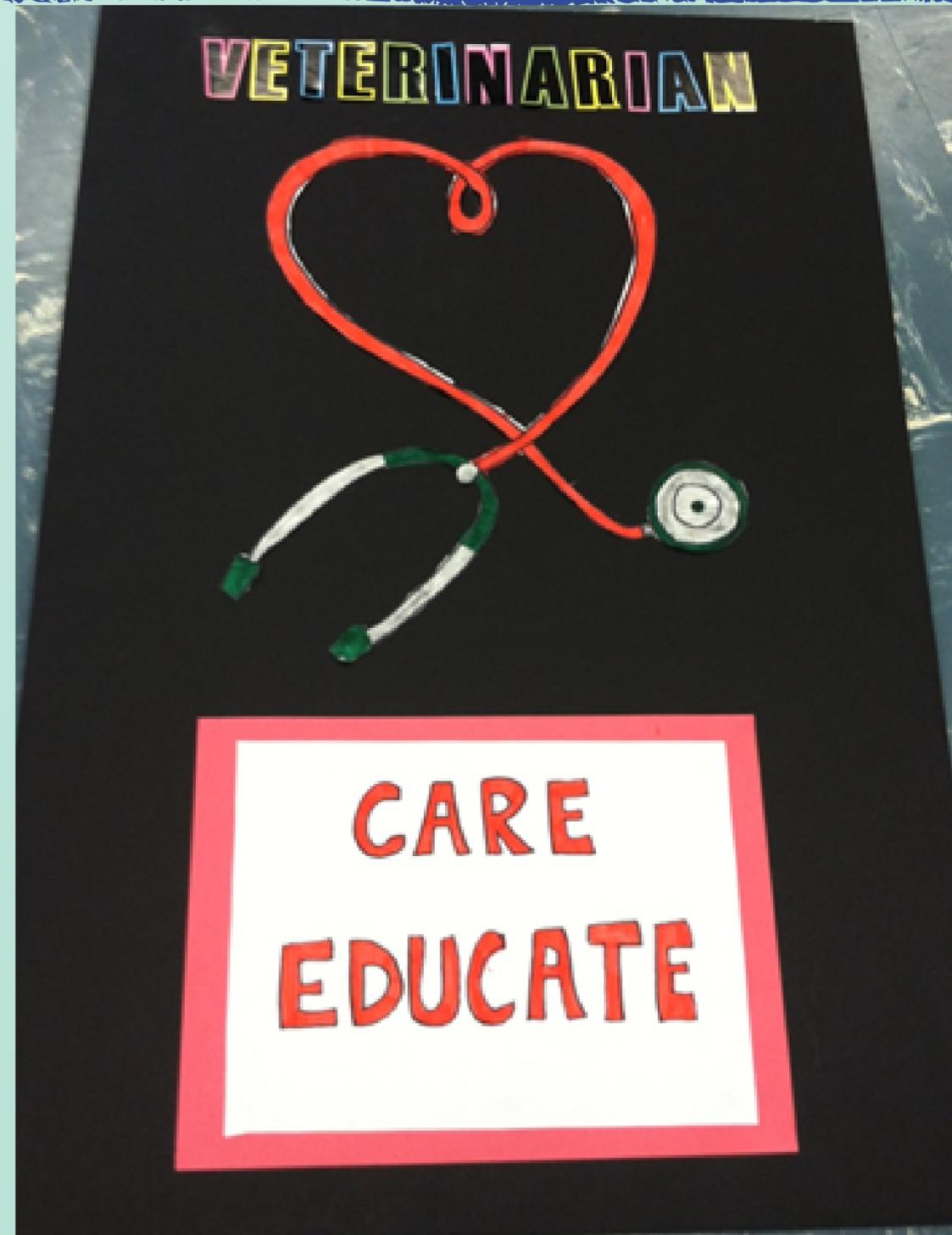


Example Posters

Conclusion Posters



What could be improved?



Poster 1

What could be improved?



Poster 2

Other visual options

Please make sure all visual aids are school appropriate



Uniform or Outfit

Examples:
Sports wear
Veterinary

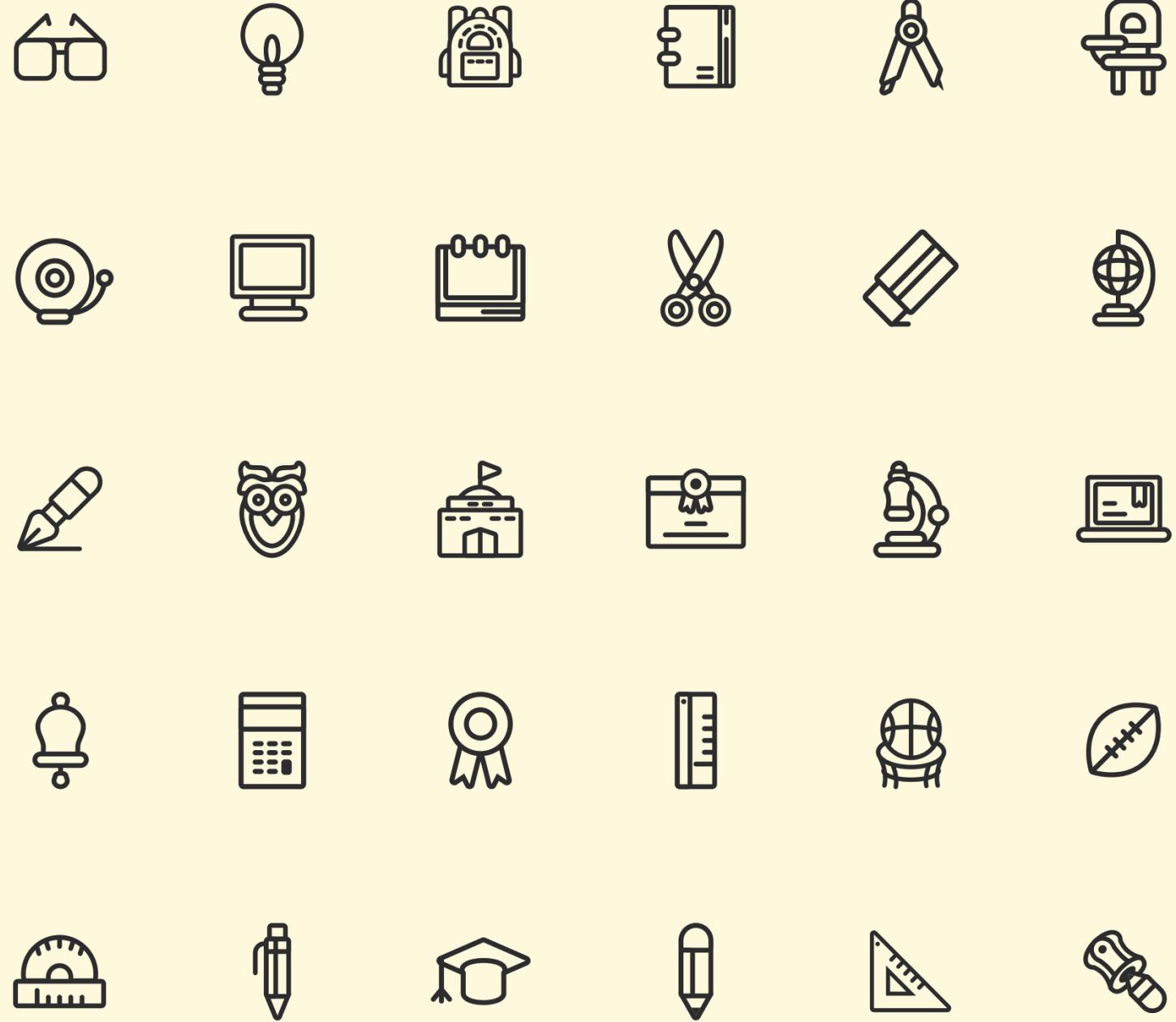


Objects

Examples:
Sports Equipment
Medical Equipment

Step 5:

Delivering Your Speech





Helpful Tips

Note Cards

Use note cards with key words, helpful phrases, and important facts to help you through your speech.

Eye Contact

Look around the room at your audience. Make sure to stay facing the audience and speak in a clear loud voice.

Use Posters

Refer to your posters throughout your speech. Don't just read off them or look at them the whole time



Example Note Card

1776 by David McCullough

Main points

A. Britain

1. Bunker Hill, June 17, 1775

B. American independence

1. Declaration by Jefferson

C. Battle of Trenton, Dec. 26, 1776

1. Defeat Hessians

2. First U.S. victory

Speech should be 4 - 5
Minutes

Practice,
Practice,
Practice

Practice with family,
friends, or to yourself

Lets Reflect

You are on your way to kicking the fear of public speaking!

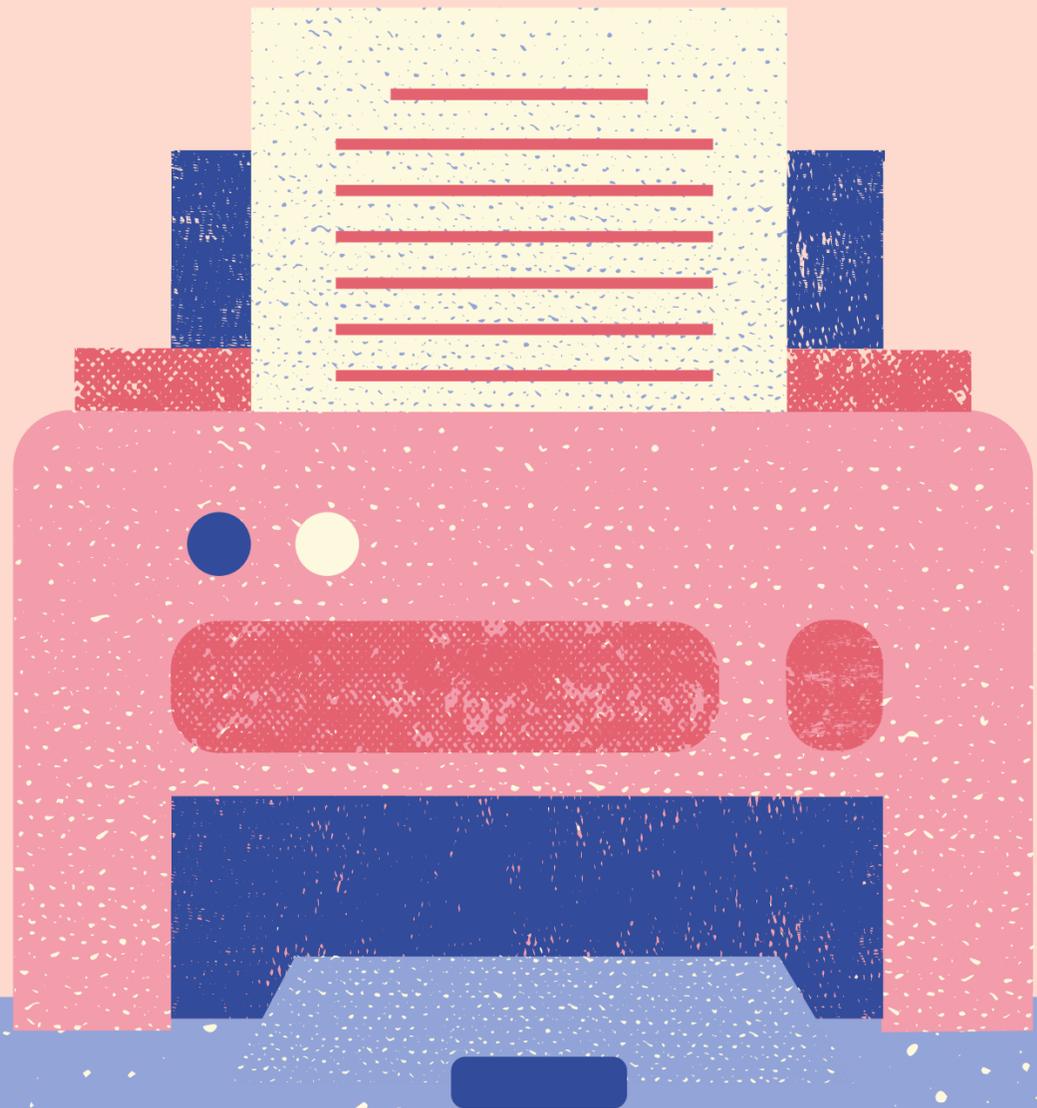
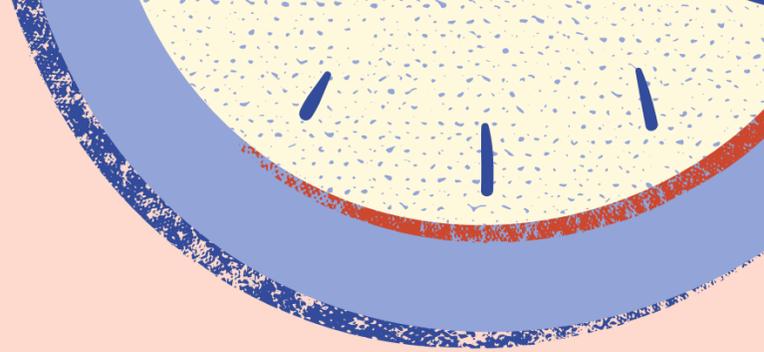
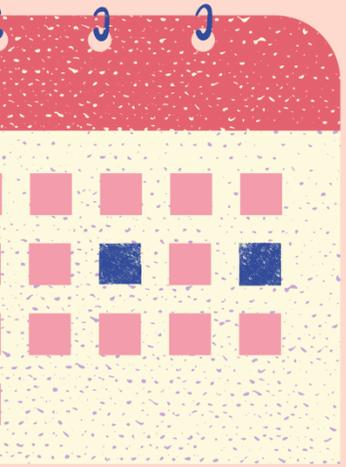
Find your interest
Research

Write your speech
Create your posters

Practice
And then practice more

Always ask for help when you need it!





Questions?

