NUTRITION 101

Join us for Nutrition 101 classes

Free classes provided by UGA Extension about how to eat healthy on a budget. Classes are held monthly throughout the year at the Gilmer UGA Extension office.

Pre-registration is required for this class and closes the day before each class. Space is limited! Face masks are required and social distancing will be practiced.

Upcoming Dates:

- October 14th
- November 11th
- December 2nd
- February 3rd, 2021

All classes held 9:30am - 11:30am

To register contact:

Gilmer UGA Extension
(706) 635-4426

CLASSES WILL BE HELD AT:
GILMER COUNTY UGA EXTENSION OFFICE
1123 Progress Road
Ellijay, GA 30540

Questions contact:
Jessie Moore
Email: jessmoor@uga.edu

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