

Speaking Tips and Tricks

- Practice, practice, practice!
 - Write your speech on note cards and practice it multiple times. You can practice in the mirror, practice with a family member or friend, or even practice speaking in front of your pet or a stuffed toy!
 - Practice pronouncing words that are new or difficult.
- Notes are allowed for your speech and are a helpful tool to help you remember your speech.
 - Neatly write (or print and glue) your speech on note cards. Make sure the words are large enough you can easily read them.
 - Practice your speech so that you don't have to read every word off of the note card.
 - Make sure that you do not hold your notes in front of your face. Instead, practice holding them in front of your belly button.
- Make eye contact with the camera! Make sure you look up into the camera every few seconds. The camera is your audience!
- Speak slowly, clearly, and loudly enough so your voice can be heard well on camera.
- Stand up tall and proud with your shoulders back and your feet firmly planted! Try not to move side to side or sway while you are talking. Hand gestures are okay as long as they are not distracting.

