

FULTON COUNTY 4-H

www.ugaextension.org/fulton



What is 4-H?

4-H is a club that seeks to build leadership skills, public speaking skills, citizenship, and community service. 4-H is exploring, discovering, encouraging, challenging, and of course having fun!

4-H is a part of the University of Georgia – which means you are now one of UGA's youngest students!

Who can join 4-H?

Anyone in K-12th grade who lives or attends school in Fulton County can join Fulton County 4-H. It is free to join 4-H! In 4-H, you participate in activities in by age groups based on your grade in school. As you get older you there are more things you can do in 4-H such as leadership conferences and cool retreats!



What can I do in 4-H?

4-H offers something for everyone! Each month a 4-H representative will meet with your class for a fun activity. You are also invited to participate in our out-of-school 4-H activities – clubs, contests, competitions, leadership conferences, summer camps, and more! Your monthly newsletters will have information on how you can get more involved.

I pledge
my **HEAD** to
clearer thinking,
my **HEART** to
greater loyalty,
My **HANDS** to
larger service,
my **HEALTH** to
better living,

for my family,
my club,
my community,
my country
and my world.

4-H Pledge, Colors, & Motto

The 4 H's stand for HEAD, HEART, HANDS, and HEALTH. We will recite the 4-H pledge at each 4-H meeting.

The official colors of 4-H are GREEN & WHITE.

The motto of 4-H is "to make the best better." We always strive to leave our schools, communities, state, and world better than we found them!

4-H began in Newton County, GA in 1904 with a boys' corn club and a girls' tomato canning club!

4-H Project Achievement

4-H Project Achievement is a competition for 4th-12th graders. You choose a topic of interest to you (there are over 50 categories to choose from), learn about your topic, and share what you have learned with others through a short speech and posters. This contest is a favorite among 4-Hers every year!



How do I get involved?



Getting involved is easy – just sign up to attend any 4-H activity! Check your newsletter for upcoming programs. Each month 4-H offers local activities including cooking, science, and leadership programs as well as contests and competitions. Students who stay involved in 4-H make friends from all over Georgia by attending programs & events. Get involved today!