

UGA Extension Fulton County

FULTON COUNTY 4-H

2020 – 2021
School-Based Programs



UNIVERSITY OF GEORGIA
EXTENSION



Dear Parents and Guardians,

Congratulations! As a 4-H club member, your child is now an official student of the University of Georgia, College of Agricultural and Environmental Sciences. Many 4th through 12th grade students across Georgia have the privilege of 4-H membership. 4-H is a youth development program that seeks to build leadership skills, public speaking skills, citizenship, and community service. 4-H is exploring, discovering, encouraging, challenging, and of course having fun! 4-H is a branch of the University of Georgia, UGA Extension Fulton County, and Fulton County Government.

A 4-H leader will join your child's classroom once a month to teach an educational, standards-based lesson. Our goal is to enhance and increase their interest in STEM and career readiness through hands-on activities in partnership with your child's teachers. We help your child become more knowledgeable and self-confident by developing leadership skills, public speaking skills, and becoming more actively involved in the world around them through community service projects.

In addition to classroom lessons, your child's classroom 4-H club offers many voluntary out-of-school leadership and "hands-on" life experiences through virtual and in-person workshops, clubs, and day camps. For more information on upcoming programs, please see your child's monthly 4-H newsletter or visit our website at www.ugaextension.org/fulton. We hope you will consider joining us for community service, learning, fun, and friendship. In addition to our community clubs and programs, Fulton County Extension offers summer camps, educational contests, and workshops. Please visit our website or see your child's monthly 4-H newsletter for a complete list of our upcoming programs and opportunities.

We hope that 4-H becomes an activity the whole family will share. Please feel free to reach out to me with questions or more information.

Sincerely,



Laurie Murrah-Hanson, PhD
Fulton County 4-H Agent

THE 4-H PLEDGE



I pledge...

My **HEAD** to clearer thinking,

My **HEART** to greater loyalty,

My **HANDS** to larger service,

and my **HEALTH** to better living

for my club, my community, my country, and my world!





ABOUT FULTON COUNTY 4-H

4-H is a youth development program that seeks to build leadership skills, public speaking skills, citizenship, and community service. 4-H is exploring, discovering, encouraging, challenging, and of course having fun! Fulton County 4-H is a branch of the University of Georgia and UGA Extension Fulton County.

Fulton County 4-H offers school-based programs, community-based programs in partnership with libraries and nonprofit organizations, contests, competitions, summer camps, leadership conferences, educational workshops, and more! There is no cost to join 4-H and it is open to any youth who resides or attends school in Fulton County. Learn more about our many programs at www.ugaextension.org/fulton!

CHANGES FOR FALL 2020

Due to the COVID-19 pandemic, UGA Extension Fulton County and Fulton County 4-H have suspended all in-person programs. We hope and plan to resume face-to-face instruction at a later date when public health conditions allow for safe gatherings.

In the meantime, we are offering a variety of virtual programs, including science, cooking, and life skills programs. This fall will also include monthly community service projects and contests! Your child will receive a monthly newsletter which details upcoming participation opportunities.

WHY 4-H?

For more than 10 years, National 4-H Council has partnered with Tufts University to study the effectiveness of 4-H youth development programs. This longitudinal study began in 2002 and has surveyed over 7,000 youth from diverse backgrounds across 42 states. According to this study, 4-Hers are:

- Four times more likely to give back to their communities
- Twice as likely to make healthier choices
- Twice as likely to participate in STEM activities



WHAT DOES 4-H OFFER FOR YOUTH IN FULTON COUNTY?

Fulton County 4-H partners with schools, communities, and families to offer:

- Standards based educational programming for elementary, middle, and high school students
- Youth activities to promote leadership, citizenship, service-learning, and communication
- Summer day and residential camps
- Community and special-interest clubs
- Youth competitions and contests
- Career exploration
- Public speaking

Opportunities for involvement in 4-H increase as youth get older.

AGE DIVISIONS

4-H provides programming by school grade:

- **Cloverbud**: Youth in K – 3rd grade
- **Cloverleaf**: Youth in 4th – 6th grade
- **Junior**: Youth in 7th & 8th grade
- **Senior**: Youth in 9th – 12th grade

CORE 4-H PROGRAMS

4-H offers a variety of programs and opportunities, but we offer several signature programs:



IN-SCHOOL 4-H CLUB MEETINGS

Held monthly at your child's school



COMMUNITY CLUB MEETINGS

Held monthly; open to all youth in K-12th grade



COMMUNITY SERVICE

Monthly opportunities for service for K-12th grade



4-H PROJECT ACHIEVEMENT

Public speaking competition for 4th-12th grade



4-H SUMMER CAMP

Day and overnight camps for 4th-12th grade



CONTESTS AND COMPETITIONS

Regular contests and competitions in STEM, art, and more!

WHO CAN PARTICIPATE IN 4-H?

All youth, grades K-12, residing or attending school in Fulton County may join 4-H.

Any person, regardless of race, color, national origin, gender, or disability may enroll as a 4-H member.

4-H does not charge dues or require uniforms. However, there are fees and dress associated with certain events and programs. Activities and events available to youth vary by grade.



4-H PROJECT ACHIEVEMENT



4-H Project Achievement is a cornerstone in the Georgia 4-H program. Students select a topic of interest and prepare a demonstration including visuals. As students progress the competition also includes a portfolio of yearly activities. Project Achievement teaches youth important public speaking skills, provides practice in research and organizing information, and encourages youth to learn more about a topic they are passionate about – there are over 50 categories from which students can choose! This year your child will be invited and encouraged to participate in 4-H Project Achievement, including the district competition to be held in February 2020 (4th–6th grade) or March 2020 (7th–12th grade). There is no cost to participate in Project Achievement.

FALL 2020 PROGRAMS

October

**Family Scarecrow
Decorating Contest**
Entries due Oct. 12

**Fulton Fresh
Family Chef Night**
Oct. 15, 4 PM – 6 PM

**Community Service –
Fall Door Decor for
Senior Citizens**
Due Oct. 18

**Life 101
for 7th – 12th grade**
Oct. 21, 4 PM – 5:30 PM

**Pumpkin Decorating
Contest**
Entries due Oct. 26

**Harry Potter STEAM
for 4th – 8th grade**
Oct. 27, 4 PM – 5:30 PM

**Virtual Field Trip to a
Pumpkin Patch**

November

**Recycled Turkey
Contest**
Entries due Nov. 16

**Harry Potter STEAM for
4th – 8th grade**
Nov. 17, 4 PM – 5:30 PM

**Fulton Fresh
Family Chef Night**
Nov. 19, 4 PM – 6 PM

**Community Service –
Thank You Letters to
Essential Workers**
Ongoing

**Life 101
for 7th – 12th grade**
Nov. 30, 4 PM – 5:30 PM

**Virtual Field Trip to
Chastain Horse Park**

December

Family Photo Contest
Entries due Dec. 14

**Community Service –
Holiday Cards for
Senior Citizens**
Due Dec. 14

Ugly Sweater Contest
Entries due Dec. 14

**Harry Potter STEAM
for 4th – 8th grade**
Dec. 8, 4 PM – 5:30 PM

**Life 101
for 7th – 12th grade**
Dec. 15, 4 PM – 5:30 PM

**Fulton Fresh
Family Chef Night**
Dec. 17, 4 PM – 6 PM

**Virtual Field Trip to a
Tree Farm**

Fulton County 4-H offers a variety of community-based programming for students in K-12th grade. Most of our activities are free or low cost. This fall we are offering a series of virtual workshops, activity kits, community service activities, and contests. You can find complete details for all of our fall 2020 virtual programs on our [website](#). We hope you will make plans to join us for a virtual program!

CONNECT WITH US ON SOCIAL MEDIA



UGA EXTENSION
FULTON COUNTY



@UGA_FULTON_EXTENSION



@UGA_FULTON_EXT

Will you be our friend? Join us on social media for reminders about upcoming programs, information from our gardening and nutrition specialists, and videos about helpful home resources.



MONTHLY NEWSLETTER

Each month, you child will receive a copy of the Fulton County 4-H newsletter which includes information about upcoming workshops, conferences, contests, competitions, community service, camps, and more! Our newsletter contains information on how to get involved in our out-of-school programs.

CONTACT US!

Got questions? We've got answers! Contact us with any questions you may have about our in-school or community programs. We look forward to hearing from you!

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www.ugaextension.org/fulton

