



ELBERT COUNTY 4-H SAFE PROGRAM ARCHERY TEAM RULES & GUIDELINES 2016-2017



Purpose: To teach archery safety and the employment of shooting for sport and competition.

Requirements:

1. **Eligibility:** Must be in the 4th through 12th grade (9 to 19 years of age) and enrolled in 4-H for the current year.
2. A **non-refundable registration fee of \$80.00** will be due. \$20/month payments may be made starting in November. Fees will cover insurance, team t-shirt, match entry fees, targets and other maintenance supplies, etc. (Adults or family members wanting a T-shirt will need to purchase.)
3. Hunter Safety Education is required. If we do not offer a class, check into one online or with our local instructor. Please bring us a record of the certification number for the files. ***The Georgia Department of Natural Resources is holding a class at the 4-H Center (Beaverdam Elementary) on Monday, November 14th, & Thursday, November 17th, from 5:00-9:00pm. This is an in-person class and you must be present both nights to complete the course and take the test.***

Rules for Archery Team Members (including Shooters / Parents / Coaches):

1. Read, complete and sign the 4-H Medical Release (insurance) and 4-H Code of Conduct. Adults will read and sign the Adult Code of Conduct. Both will sign the Georgia 4-H Contract.
2. 4-H'er must have at least one adult attend practices to serve wherever needed and ensure safety.
3. 4-H'er **MUST** attend all practices. If a practice must be missed, the 4-H member or adult will contact lead coach in advance. **Only 3 un-excused absences allowed during the practice season.** An extra community service activity will be assigned to shooter upon 4th un-excused absence. Continued un-excused absences will result in removal from the team.
4. ABSOLUTELY NO PRACTICE until lead coach is available.
5. 4-H'er **must attend all scheduled Archery competitions.** More matches may be added to the schedule.
 - a. State Indoor Match – January 14th
 - b. Jackson County Match – March/April?
 - c. State Outdoor Match – April 29th
6. Only Archery team member and adult are to attend practice. No siblings or friends due to safety precautions.
7. 4-H member is responsible for providing their own equipment. 4-H Office will provide targets.
8. Shooters are to **listen and follow instruction** from coaches, safety instructors, range directors/officers and others in charge of events or practices.
9. **Reckless conduct, horseplay or un-sportsmanship behavior** (disrespect) will not be tolerated and is cause for dismissal from the team.
10. **Respect for each other, leaders, coaches, equipment and personal property of others** must be maintained at all times. Disrespect in any case is cause for dismissal from the team.
11. Arrive at time set by head coach to help set up practice range to begin practices promptly. NO ONE is to leave until clean up at end of practice is complete and dismissal from Lead Coach.
12. **Follow all safety rules** with your equipment set forth by Georgia 4-H and Elbert County 4-H. Failure to do so will result in dismissal from the team.

13. **Follow the rules of the practice or competition location.** Rules for the facilities we use will be strictly enforced. Failure to do so may result in disqualification from the team, disqualification of the entire team or dismissal from the team.
14. Archery member and parents must help with fund-raising efforts.

At commitment the shooter and adult will sign an Archery Enrollment-Agreement form with these rules and a code of conduct stating that you will agree and follow these rules.

Equipment:

Bows

- Any bow that does not violate the conventional meaning of the term in target archery may be used in 4-H archery events. Separate classes will be designated for novice, recurve and compound events.
- *Recurve bows* - Longbows or recurve bows of conventional design only may be used in any recurve division of archery events.
- *Compound bows* - Compound bows of any conventional design may be used in compound bow divisions of archery events.
- *Maximum draw weight* – The maximum draw weight for bows used in the 4-H competition is 60 pounds nominal peak weight or listed draw weight. Bows may be subject to verification at the discretion of the event management.
- *Bowstring* - A bowstring of adequate strength and composed of appropriate materials may not include any attachment or marking that may be used as a sighting device or aid. It may include the following attachments or components:
 - *Servings* - Center and end-loop servings are permitted, but no serving may terminate within the shooter's vision with the bow at full draw.
 - *Nocking point indicator* - One or more nocking point indicators may be used to position the nock on the string. The nocking point indicator may be of any conventional design, including materials that may be crimped, wound, or heat shrunk to the center serving.
 - *Lip or nose mark* - One additional attachment with a diameter of one centimeter or less may be applied to the string to serve as a lip or nose mark ("kisser button").
 - *String peep* - String peeps are permitted only in the compound classes in 3-D and FITA events.
 - *Arrow rest* - An arrow rest of any conventional design with or without adjustable or moveable pressure points, arrow plates or draw check indicator may be used as long as it is not electronic and offers no additional aid in aiming.
 - *Over-draw arrow rests* - The use of an over-draw arrow shelf or rest is prohibited in recurve divisions of archery matches.
 - *Over-draw arrow rests in 3-D and FITA* - In the compound class of 3-D and FITA competition, archers may use an over-draw if they have displayed competence in shooting with that equipment. *Overdraws* are limited to a 6 cm or 2.5 inch maximum measured from the pivot point to bearing surface of the bearing surface on the arrow rest.
 - *Stabilizers* - Stabilizers or torque compensators may be used subject to the following provisions:
 - *Contact with equipment* - The stabilizer may touch only the bow.
 - *String guide* - The stabilizer may not act as a string guide. This rule shall not prohibit the use of a cable guide or cable guard on compound bows.
 - *Obstacles to other shooters* - The stabilizer may not present an obstacle or distraction to other shooters.
 - *Bow quiver* - A bow quiver with or without arrows may not be attached to the bow. A hip quiver or ground quiver should be used.
 - *Bow sight* - A bow sight may be used. Unless specifically prohibited.
 - *Cable guard* - Compound bows may use a cable guard, conventionally attached, to aid in vane clearance.
 - *Sights* - One bow mark, bow sight or point of aim may be used as an aiming aid in the FITA target events in recurve division, but no more than one such device may be used at any time. The sight may allow for both windage and elevation adjustment. Either pin or aperture sights may be used.
 - *Aperture sights* - The length of any aperture sight loop, barrel, or cone may not exceed the minimum inside diameter of the aperture and in no case may exceed 1 cm regardless of shape.
 - *Hunting sights* - Hunting sights using one to five fixed or moveable pins maybe used in compound class 3-D or FITA events. If a hunting type sight is used a pin guard may be in place.
 - *Optical sights* - Optical sights ("scopes") with magnifying lenses may be used in the compound division of FITA target archery and the 3-D events.
 - *Levels* - No leveling device may be used, except in the compound division of FITA and 3-D.
 - *Magnification* - No lens system, prism or other magnifying device may be incorporated into the sight except as provided in above (compound division).

- *Electronic devices* - No electronic sight or projection device, including laser sights or laser pointers will be permitted on the range. No sight lights!
- *Bowmark* - A single mark on the bow may be used as an aiming device. It may be with pencil, tape or another suitable material. A bowmark may not be used in conjunction with another type of sighting device. A bowmark may not be used in the Novice Class.

Arrows

- *Arrows* - Arrows consist of a shaft with a head, nock, fletching, and personal identification markings.
- *Adequate supply* - Each archer must provide an adequate number of arrows to complete the required course of fire. Each archer's arrows will be marked, on the shaft, with his or her name, initials, other insignia or cresting to permit identification.
- *Safety* - Arrows must be sound and properly spined for the bow.
- *AMO standards* - Arrows must meet Archery Manufacturer's Organization standard of at least six (6) grains per pound of peak draw weight. Arrow weight may be checked at the discretion of shoot management. [Coaches and shooters are responsible for pre-shoot check.]
- *Shaft materials* - Any safe shaft material may be used. All arrows must be inspected for soundness, particularly graphite shafts. [Coaches and shooters are responsible for pre-shoot check.]
- No arrows 23/64ths (9.3 mm) in diameter or larger are permitted.
- *Arrowheads* - Only target or field points may be used in 4-H archery events unless other point types are specifically required.

Safety Instruction Class:

The lead coach may assign a day(s)/time(s) just for safety instruction of the ranges and equipment and cover all archery safety rules to ensure that everyone, including adults, is prepared before any competitions.

Teams:

Juniors are on the Junior team. Seniors are on the Senior team. If team alignment is necessary (for either Junior or Senior teams), it will be determined by the coaching staff.

Adult Responsibility:

Parent Code of Conduct/Chaperone Screening & Training:

- All adults will read, sign and follow the Elbert County 4-H Parent Code of Conduct and GA 4-H Contract. (See attached samples).
- You are now known as parent volunteers and a background screening and MVR check is required by the University of Georgia. You must also read and sign the Extension Volunteer Agreement and read and initial the Adult Behavior Guideline when Working with Youth, also required by GA 4-H, and your participation in the adult leader training.
- A date for this training will be set after commitment to the Archery Program.

Adult Role:

- All adults must attend practices with your shooter.
- Adults will be helping with monitoring restricted areas, helping to maintain safety or assisting with the safety, helping maintain noise levels, being prepared to step in to coach as necessary, and assisting with fund raising.

Competitions (Matches):

- All adults are required to attend competitions and be prepared to work in adult duty roles when needed.
- Various duties may be assigned prior to competitions.

Fundraisers:

- We may be having fund raisers during the Archery season for the program.
- Each family will be required to participate in these efforts and work at any event set up.
- Detailed information will be given out prior to the events.

Georgia 4-H Certified Coaches:

- The Archery team can consist of many team members and Georgia 4-H requires that at least one coach is to be Georgia 4-H Certified with a ratio of 1 certified coach per 7 shooters.
- The Lead Coach **MUST** be certified.
- We encourage any and all that want to be certified. This training takes place at least three times per year; generally in the Fall & Winter during the shooting season. Location of these certification classes generally takes place at Camp Rock Eagle in Eatonton. You would be notified prior to the training. If you desire to be a certified trained coach and are willing to attend one of these trainings, please let us know immediately for registration purposes and you will receive the specific information. Elbert County generally pays a portion of the training for the first discipline provided that you stay the entire weekend. Without certified trained coaches now and in the future, the Archery program may cease to exist.

Practices:

- Practices will be held at the IV Hulme 4-H Center (red barn) – 10 Ruckersville Drive, Elberton, Georgia
- Practices are held on Sunday afternoons, from 2:00-4:00pm.

Keep this Rules and Guidelines information with you at all times. The signed agreement form will be on file with the Extension Office. Also a copy of the Georgia 4-H Policies & Guidelines for Archery Indoor and Outdoor Competition was given out at orientation and will be available upon request.

Office Information:

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