

August 2023 https://extension.uga.edu

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University of Georgia Cooperative Extension DeKalb County Office

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## **Getting Ready for Fall Gardening**

Now that we are in the Dawg days of summer, your spring garden is probably starting to wind down. August is the time to start preparing for your fall garden whether you will be planting vegetables or just putting in a cover crop to help build the soil for next spring. Snap beans, Irish potatoes, squash and cucumbers are best planted in August as well as starting seedlings to plant in September.

Here are some things you can do to get ready for your fall planting.

- Get a soil test done Even if you did one in the spring, you will still want to do another one for the fall as the spring garden plants will have removed some soil nutrients
- Decide what you want to plant how much space will you need? Can it be direct seeded or will it be transplanted? How much do you want to grow?
- Clean your tools and check your equipment clean tools help prevent spread of diseases. Making sure your equipment is working correctly will save some frustration later.







### **Compost**

Considering compost for your yard or garden? Here are a few things to keep in mind:

- Getting compost from a certified source is the ONLY way to guarantee it is free of undesirable materials or chemicals.
- Starting your own compost is fairly simple.
- Compost is a great way to improve the soil and add organic matter.
- Composting helps keep biodegradable waste out of the landfills.

DeKalb County Sanitation offers free compost, however(!) it is not certified so its contents cannot be guaranteed. More information about county compost can be found at https://www.dekalbcountyga.gov/sanitation/mulch-and-compost





## Summer Water Wise

As summer heats up, Georgians tend to worry about how hot and dry it's going to be. It is easy to get busy with summer activities and forget to water or even overwater our plants because we want to be sure they will survive the heat. On average, plants need an inch of water per week for growth and development. For more information about proper watering in the summer heat, visit https://newswire.caes.uga.edu/story/10242/summer-irrigation.html.



The National Center for Home Food Preservation and UGA Extension acknowledges the concerns raised by consumers regarding the use of 4% vinegar acidity for canning. If you have utilized vinegar in your home canning practices, please review the following important points.

More information on home food preservation can be found at nchfp.uga.edu



# RECIPE RECOMMENDATIONS It is crucial to note that all our re

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It is crucial to note that all our recipes, including those from the National Center for Home Food Preservation (NCHFP) and

the United States Department of Agriculture (USDA), were extensively tested and recommended the use of vinegar with 5% acidity. Currently, we strongly advise against using vinegar with lower acidity levels (<5%), as it may not be sufficiently strong to ensure the safety of the canned products. Always remember to check the vinegar label for its acidity level.

# RECIPE RECOMMENDATIONS If your canned food has been preserved for less than 24 hours using 4% vinegar, it is advisable to store the jars in the refrigerator to maintain the safety and quality of the product. If your canned food has been preserved for more than 24 hours using 4% vinegar, it is advisable to discard the product.







Healthy recipes

**Nutrition education** 



#### Low-cost fruits and vegetables\*

Receive a discount by attending UGA Extension's nutrition class each Monday. Then, at the market, provide the "word of the week" at checkout.

\*Offer good while supplies last.

For more information, visit www.freshondek.com or call (404)298-4080.

Fresh on DeK: **DeKalb Mobile Farmers Market** 2023 Schedule

#### JULY17-SEPT. 8

9:00 a.m. to 11:00 a.m.

**EMBARC Community** Youth Farm 1185 Rock Chapel Rd. Lithonia, Ga. 30058

12:00 p.m. to 2:00 p.m. **Norris Lake Community** Benefits Corp. 8320 Norris Lake Rd. Snellville, Ga. 30039

#### Wednesday

9:00 a.m. to 11:00 a.m. South DeKalb Senior Center 1931 Candler Rd. Decatur, Ga. 30032

12:00 p.m. to 2:00 p.m.

Stone Mill

Elementary School 4900 Sheila Ln. Stone Mountain, Ga. 30083

#### Thursday

9:00 a.m.

Redan Recreation Center to 11:00 a.m. 1839 Phillips Rd. Lithonia, Ga. 30058

12:00 p.m. to 2:00 p.m. The CREST Center 2321 Candler Rd. Decatur, Ga. 30032

#### Friday

9:00 a.m. to 11:00 a.m.

Starnes Senior Community 3543 Clarkston Industrial Blvd. Clarkston, Ga. 30021

12:00 p.m. to 2:00 p.m.

**DeKalb County Extension** 4380 Memorial Dr. Decatur, Ga. 30032



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## Fresh on DeK

Healthy Living Class Schedule Session B
12-1 pm on Zoom and Facebook Live

bit.ly/FODHealthyLiving2023B

July 17th	What is Healthy Eating?
July 24th	Sneaking in More Fruits and Vegetables
July 31st	Mindfulness
August 7th	Jump Starting Your Physical Activity
August 14th	In the Kitchen with Kids
August 21st	Eating Better on a Budget
August 28th	Nutritional Labels and Healthy Swaps
September 4th	Trends in 2023 * *Pre-recorded to Fresh on DeK Facebook Page





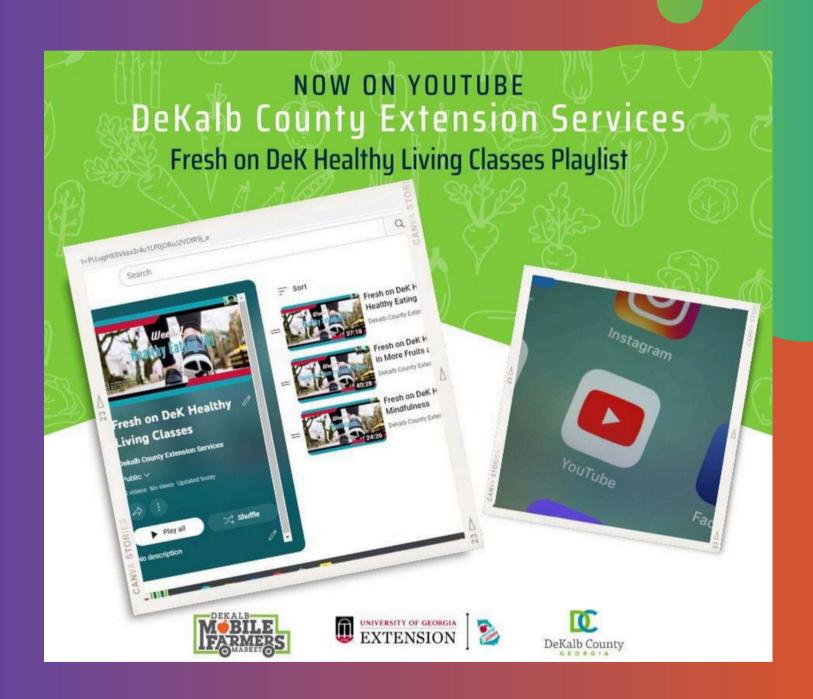






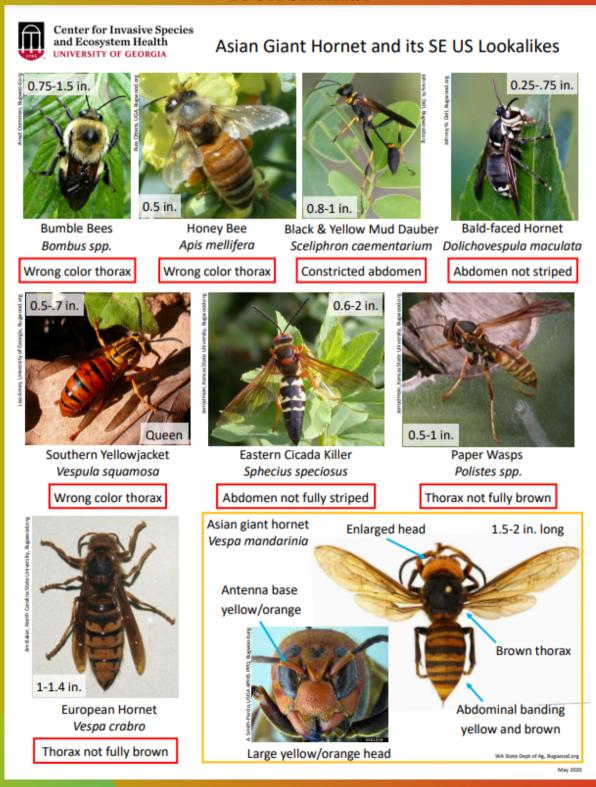
Fresh on DeK







The Asian Giant Hornet has **only** been found in Washington State in the US, but here are some things that look similar







## **Community Events**

E.M.B.A.R.C. Youth Farm Events

Aug 8 @8am- Get ready to roll up your sleeves and volunteer in the garden! We will work in the newly planted orchard, adding soil to the garden beds and more. We welcome individuals and groups of all ages, backgrounds, and abilities.

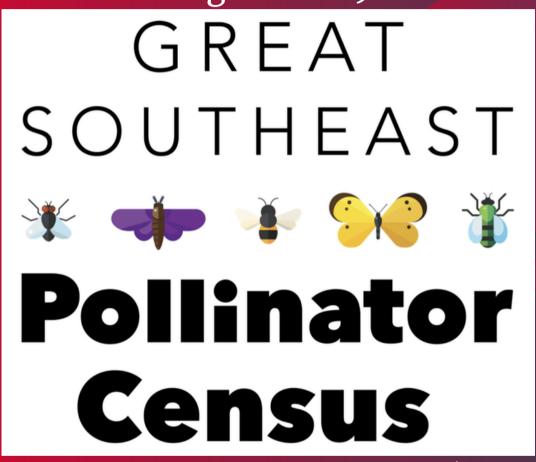
Wear closed-toe shoes and old clothes that you do not mind getting dirty

Aug 19 @ 10am - Join us as we celebrate the FIRST-ever Great Southeast Pollinator Census! The Great Southeast Pollinator Census is a citizen science project created by the University of Georgia. Residents across Georgia, South Carolina, and North Carolina will count all the pollinators they can find in their environment. Attend our event. It is a beautiful opportunity to learn more about the different types of pollinators in our environment.



## **Upcoming Events**

August 18-19



Click for more information on how to participate!

The Intown Atlanta chapter of the Georgia Native Plant Society will be hosting Census takers during the Great Southeast Pollinator Census, an annual event conducted by UGA. Volunteers at Woodlands Garden, Herbert Taylor and Daniel Johnson Park, Mason Mill Park and the Tucker Butterfly Garden will be handing out census forms, helping to identify native plants and will do the data entry to the UGA website when completed forms are turned in. 10 AM to noon on Saturday August 19th.

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## Tips on asking for advice from your Extension Service

<u>Take pictures</u> – clear pictures of the whole plant, the affected leaves (top and bottom), stems, fruit, and of any bugs or eggs you see

Have information ready - When was it planted? How long has the problem been present? Have you tried any kind of treatment already? Are other plants having the same issues?

Bring in a sample - We are happy to try and diagnose problems in our office (Free). However, for some problems, samples are sent to the UGA Plant Pathology Lab (\$14)

Samples should be in an enclosed bag or container and include leaves, stems, roots, flowers/fruit, and any insects that were found on it.

Email us at UGE1089@uga.edu

Call us at 404-298-4080

or Fill out the help request form