

PACKING GUIDELINES

#1 on the packing list:

- A positive attitude!

Label everything

- Mark all clothing, shoes, luggage, and other items with the camper's name.
- If using trash bags for dirty clothes, label bags because they can be confused with trash.

Helpful hints

- Pack a daily change of clothing at the minimum. It is best to bring 6 days of comfortable clothes and 6 days of undergarments (including socks).
- Bring two dirty clothes bags—one for wet clothes, one for dry clothes.
- Shorts and T-shirts are perfect. Sleeveless shirts and tank tops are allowed (but see the Dress Code).
- Pack older clothes that can get wet or muddy, not nice new clothes.
- Pack shorts that extend at least to mid-thigh for the high-ropes course.

About wet clothes

- Clothes will get wet, so pack extra socks and underwear – more than you would normally need.
- Blisters are a problem. Encourage campers to wear dry socks and shoes to prevent blisters.
- Wearing wet shorts and underwear will cause a painful rash. Educate your child about this.

About shoes

- Comfortable shoes or sandals are a must. Don't take new shoes or sandals to camp.
- Closed-toe shoes are required for the high-ropes course.
- Comfortable sandals with heel straps or crocs are okay if the heel strap is worn on the heel.
- Pack shoes to keep dry (tennis shoes for running around, hiking, climbing, and other times).
- Pack shoes that can get wet (old shoes, water shoes or sturdy sandals with a heel strap).
- Flip flops and sandals that are just flip flops with a are not allowed.

Dress Code

Dress modestly. Campers wearing clothes deemed inappropriate by chaperones will be asked to change. Here are some guidelines:

- Revealing shorts, pants, and sleep pants or boxer shorts worn on the outside are not allowed.
- Underwear must be worn and must not be visible. Briefs, boxers and bras are underwear.
- Sagging is not allowed.
- Clothing with advertising that encourages breaking the 4-H Code of Conduct is not allowed. Halter tops, backless shirts, ripped T-shirts, one-shoulder tops, spaghetti straps, visible midriffs and other shirts or tops that are not modest won't be allowed.
- When swimming, girls should wear a one piece or a tankini. A bikini is not acceptable at camp.
- Girls may choose to wear a dark colored T-shirt cover-up, swim trunks or modest cut-offs.
- Boys' swimsuits should be shorts, swim trunks, board shorts or cut-offs, not boxers or swim briefs.

WHAT TO PACK

Clothing & Gear

- Shirts
- Shorts
- Underwear
- Socks
- Extra socks
- Swimsuit or swim trunks
- Rain jacket
- Sunglasses or eyeglasses
- Hat

Footwear

- Sandals (sturdy sandals or crocs with a heel strap) or old tennis shoes that can get wet
- Tennis shoes or other comfortable shoes to keep dry

Linens

- Sleeping bag (an inexpensive sleeping bag will work fine) or sheets & light blanket
- Pillow and pillowcase (pillows are not provided)
- Towels (for showering and after swimming)
- Wash cloth and hand towels
- Laundry bag or trash bag for wet clothes. Be sure to label trash bags well.

Toiletries

- Soap and soap container
- Shampoo
- Toothbrush with protective holder
- Toothpaste
- Deodorant
- Brush, comb, and hair accessories
- Shaving supplies
- Feminine supplies
- Sunscreen
- Insect repellent

Medications To Keep Separate

Plan to turn in meds to your child's 4-H leader before departure from the county on Monday morning.

- Prescription medications in their correct and unexpired bottles or packages
- Over-the-counter medications in correct and unexpired bottles or packages
- A zip-lock bag labeled with the camper's name for their prescription and over the counter medication