



The 4-H Messenger

Providing Athens-Clarke County Middle School students with the Latest 4-H News!

On the web: <http://www.tinyurl.com/clarke4h>

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Start Planning Now for Summer Camp 2022!

Plans are already underway for 2023 4-H summer camp! Sixth grade students will camp at Rock Eagle 4-H Center the week of **June 19-23**. Seventh and eighth grade students will have the opportunity to camp at one of Georgia 4-H's smaller centers. Junior Camp near Atlanta at Camp Fortson will be held the week of **July 10-14**. Mark your calendars and begin making your plans now! Summer will be here sooner than you imagine. Applications will be available in January.





Junior/Senior Project Achievement

Do you want to spend the weekend of March 10-12 at Rock Eagle? Do you want to have a chance to re-connect with your friends from across the district and the opportunity to make tons of new friends? Participating in Project Achievement will earn an all-expense paid weekend at Rock Eagle for 7th through 12th grade students.

Project Achievement is one of the most note-worthy 4-H competitions in the Georgia 4-H program. This event allows 4-H'ers to develop both oral and written communication skills, while giving them the opportunity to investigate or research a topic of their interest.

Project Achievement for Junior and Senior 4-H'ers is a two-part process involving the preparation of a 4-H Portfolio and a demonstration (6-10 minutes for Juniors and 8-12 minutes for Seniors) in one of the many project areas offered through Georgia 4-H. The 4-H portfolio is a written record of their involvement in their selected project area and other activities. By preparing a portfolio, young people learn the skills needed to complete resumes, college applications and scholarship applications.

So, what is a portfolio and how do I get started?

A portfolio is like a resume. It is a documentation of your work and activities from the past calendar year beginning January 1 and ending December 31, 2022. Learning and leadership activities that you have done in your project area, 4-H experiences, community service, and leadership should be included in your portfolio.

The portfolio is your ticket for the weekend at Rock Eagle in March and must be completed and submitted in December so the time to start working on it is **NOW!** Your 4-H leader has handouts for you including project listings, portfolio tips and guidelines, and an outline to get you started. For detailed instructions select the project achievement tab at:

<http://www.tinyurl.com/clarke4h>

Call the 4-H office to make an appointment for help in preparing your portfolio.

Now is the time to begin working on your portfolio. The 4-H staff is available to guide you through the portfolio process, but we can't help you if you don't communicate with us. We would prefer for you to make an appointment and come to the 4-H office, but we can also work with you via email.

After the portfolio is done, then what?

When the portfolio is completed, you should turn your attention to your speech. The 4-H staff is also available to assist you with your presentation, but you can't wait for the last minute. If you need assistance, January is the time to ask for help with your presentation.



Cloverleaf Project Achievement

County Project Achievement is a fun opportunity for **6th grade 4-H'ers** to share and compete with one another by choosing a project and presenting a demonstration with visuals. This event will take place on **Saturday, February 18th at Clarke Middle School from 9:30 am until 12:00 pm**. Any 6th grade 4-H'er who wishes to compete in this activity will need to sign up during their 4-H meeting, call the 4-H office at 706.613.3640 or email Ms. Conway at ebarber@uga.edu

More detailed information along with the project list will be presented during the October and November club meetings. Winners from the county competition in February will earn the opportunity to compete at Cloverleaf District Project Achievement on March 25 in Jackson County. The project list and detailed information about project achievement is available on our web site. Select the project achievement tab at:

<http://www.tinyurl.com/clarke4h>

Staff members at the 4-H office are available to help you. We are not going to do your research or write your speech for you, but we are available to guide you through the process. Select your category, gather your facts, and then make an appointment to come to the office for assistance in preparing for the competition.



Junior Conference at Rock Eagle

Saturday-Sunday, November 12-13

\$40 Registration for 2022 DPA Participants

\$90 Registration due at 4-H Office October 31

6th, 7th & 8th graders let's get together for a weekend at Rock Eagle 4-H Center with students from all over GA! You will meet new friends, do service projects, workshops, exhibit fair, have a dance, and see Clovers & Co. perform. Register at the Extension/4-H office TODAY located at 275 Cleveland Road near GA Square Mall! Registration fee includes Saturday lunch-Sunday breakfast, lodging & transportation. **Students who competed at DPA in 2022 qualify for a reduced price of \$40.** All other students' registration fee is \$90.

Peanut Recipe Contest for Middle School

There's a peanut recipe contest for middle school students too. Instead of making a sandwich, this time you will submit a recipe for an uncooked snack that contains a peanut product.

The recipe should yield 1 serving and it must contain at least 1/4 cup of peanuts or 2 Tablespoons of peanut butter or other peanut product. The peanuts can be any kind: raw, roasted, salted, dry roasted, chopped or ground. Peanut butter can be creamy or crunchy. You may also use peanut powder as well as peanut candy, or a combination of peanut products.

Recipes have three parts: a title, a list of ingredients, and directions on how to combine the ingredients to make your snack. Please carefully compose your recipe listing the amounts needed of each ingredient and explain the process for mixing or assembling your peanut creation.

Judges will review the recipes for nutrition, appeal, creativity, and content. Winners are selected as follows: One overall winner, and one in each of these categories—most nutritious, most unusual, and most creative.

Submit your completed recipe at the November/December Middle School Meeting. Be sure to include your full name, grade, and school that you attend with your recipe.

This is an easy way to add to your 4-H portfolio if you are planning to compete at project achievement



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