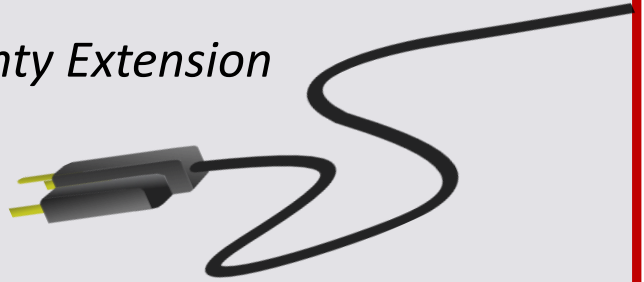


The Extension Cord

Plugging You into Macon-Bibb County Extension



UNIVERSITY OF GEORGIA
EXTENSION
Bibb County



4-H Equips Bibb Youth for Success

By Courtney McElveen, 4-H Agent

Have you ever found yourself telling a child, “oh, you are too young to do that”? While this may be the appropriate response for some situations, does it always have to be? Maybe a child’s involvement in something will look different from an adult, but that does not mean they are always “too young.”

4-H believes in empowering the youth of today. Youth often live their lives waiting in anticipation to become adults. In their waiting, they fail to realize how much of an impact they can have on the world right now! In Bibb County 4-H, we want to help our youth see the potential they already possess and encourage them to stop waiting to make a difference.

Our 4-H’ers in the 4th – 8th grade are learning with first-hand experience, what it means to be active citizens of Bibb County, while our high school 4-H’ers are gaining leadership experience through assisting younger 4-H’ers in their learning process. Our goal is to better Macon, not only through community service projects, but also by equipping the youth of Bibb County to be successful both now and in their futures.

Do you want the young people in your life to know the power they currently possess in their youth? If so, I encourage you to get them involved. Our 4th – 8th graders meet the first Monday of every month at the Extension office from 6-7 PM, where we focus on ways they can give back to their community. Our high school students also meet on the first Monday of the month at the Extension office from 7:30-8:30 PM. We hope to see you there!



4-H’ers participate in a trash pick-up

UGA Extension, Macon-Bibb County

145 First Street, Upper Level, Macon, GA 31201

(478) 751-6338 <http://extension.uga.edu/county-offices/bibb.html>

Macon-Bibb County Cooperative Extension extends lifelong learning to Georgia citizens through unbiased, research-based education in agriculture, the environment, communities, youth, and families. Part of the University of Georgia, we are an Equal opportunity/Affirmative Action Institution.



William Green Lee Camellia Garden

Master Gardeners Support a Hidden Treasure

By Karol Kelly, ANR Agent

Dr. Lee, a resident of Shirley Hills during the early to mid-1900's, was an avid hobby horticulturist and one of the co-founders of the American Camellia Society. Thanks to the work of Macon-Bibb County Parks and Beautification, with support of volunteers like the Bibb County Master Gardeners, his legacy can now be enjoyed by all at one of Macon's newer greenspaces, the Dr. William Green Lee Camellia Garden.

Located near Jackson Springs Park and the head of the Ocmulgee Heritage Trail, at 976 Glenridge Drive, the park features numerous varieties of *Camellia japonica* and *Camellia sasanqua*. Camellias are one of the few plants that wow in the landscape during the grey, waning days of winter. Many of the white, red, and pink blooms found in the park are unnamed varieties, but beautiful nonetheless.

The 5-acre park, a portion of the original 12.5-acre Lee Estate, was acquired by the City of Macon in 2008. Having lacked attention over a period of decades, the land was overgrown with non-native invasive species, such as the Chinese parasol tree and English ivy. Through a multi-year invasive removal project, the beauty of the camellias has been restored.

If you haven't had a chance to take a stroll in one of Macon's hidden treasures, hurry so you don't miss this year's show!



Bibb Master Gardeners support the Dr. William Green Lee Camellia Garden with an invasive plant removal workday.

(Continued from p. 3)



Clean windows – Clean all exterior and interior windows. Mix a simple solution of one part white vinegar to two parts water and place it into a spray bottle. Use a microfiber cloth or sponge to clean the surface of the window. Don't forget to wipe down the frame as well.

Ceiling fixtures – Sometimes we forget a few areas in our regular cleaning schedule. Ceiling fans, hanging and recessed lights, and moldings are notorious for dust build-up. Make sure the lighting fixture is off and use an extendable duster to remove dust. For tougher jobs use mild soap and water and a microfiber cloth to clean.

Test smoke alarms and carbon monoxide detectors - Change out your batteries as needed. It's cheap, only takes a few minutes, and can save lives.

Spring Up!

By Keishon Thomas, FACS Agent

Maintaining a healthy home is far more detailed than general dusting and vacuuming. At some point, even though we dread it, deep cleaning is required. When was the last time you checked your smoke alarms? How about the last time you cleaned out the junk drawer—do you really need all of those items? Take a look at the following tips to ensure your family and home are ready for a happy, healthy spring season.



Clean the junk drawer - Please do not tell me that I am the only one who still has a junk drawer. Once you empty out the drawer, suck out dust and crumbs with the nozzle from your vacuum cleaner. Toss or relocate items you don't need and finally, place the items you will be keeping back into the drawer in an organized manner.

Scrub walls, baseboards and outlets- If you are like me, you have a few tiny handprints on your walls. Clean them by scrubbing the walls using a mild soap and water. Don't forget the baseboards and outlets. Let the outlet covers dry completely before replacing them.

Replace filters - If your response is "filters? What filters?" please keep reading. Coffeemakers, dryers, air conditioners, humidifiers, and refrigerators all utilize filters and should be replaced regularly. If you cannot replace them on your own, contact a professional to handle the job. Your appliances will last longer.

Clean out the closet – Go through clothes and shoes from the season that's just ended—discard anything that you have not worn in the last year. (Sorry. You may not get back into it, so let's remove the pesky reminder.) Don't forget to do the same for all members of the family. If items are in good condition, please donate them to a charitable organization.

Clean faucets and showerheads – These items can easily be cleaned by soaking them in a solution of equal parts vinegar and water. Let them soak for an hour, then rinse with warm water.

(article continues on p. 2)



"PRESERVING FAMILY HERITAGE"

ESTATE PLANNING BASICS

zoom FREE
TRAINING

**Thursday,
March 18, 2021
Noon – 1:30 p.m.**

Speakers:
Delene Porter
Chief Operating Officer, Georgia Heirs Property Law Center
Gentry Mander
Staff Attorney, Georgia Heirs Property Law Center

**Pre-registration is required by
Monday, March 15:**
bit.ly/fvsu-estate-planning-march-2021

Watch the simulcast on
Facebook Live:
facebook.com/FVSUCAFST

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**Estate Planning Topics
To Be Covered:**

- ▶ What estate planning entails.
- ▶ How to build wealth and provide for your family and next generation.
- ▶ What happens when you die with a will or without a will.
- ▶ How estate planning can prevent heirs property.
- ▶ What decisions need to be made before meeting with an attorney.

**For registration
information, contact:**

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Month-by-Month Spring Garden and Landscape Tasks

UGA Extension makes many online resources available to support Georgians as they grow food and ornamentals and care for their landscapes.



MARCH

- * Soil test to determine the nutritional needs of your garden or lawn: <https://extension.uga.edu/publications/detail.html?number=C896>.
- * Make second plantings of quickly-maturing cool season vegetable crops, such as turnips, radishes, and "spring onions." For information on home vegetable gardening, see https://secure.caes.uga.edu/extension/publications/files/pdf/B%20577_6.PDF.
- * Prune fruit trees, non-flowering shrubs, and summer-blooming ornamentals. Wait to prune ornamentals that bloom through May until after they bloom.
- * Remove any remaining dead plant debris from the previous season. Good sanitation in the garden helps to control plant disease.
- * Early in the month, apply preemergence herbicide to turf areas to control warm season weeds. Call the Extension office for recommendations. Remember to irrigate your lawn after applying a weed-preventing herbicide. DO NOT APPLY FERTILIZER to turfgrass until the first of May.


APRIL

- * Plant warm-season vegetable crops and herbs: <https://secure.caes.uga.edu/extension/publications/files/html/B577/B577PlantingChart.pdf>.
- * Plant summer seasonal color beds. Consider using a slow-release fertilizer at the bottom of planting holes.
- * Consider using some type of drip irrigation in the vegetable garden and flower beds to help protect against disease.
- * Remove faded blooms of spring-flowering bulbs, but allow the foliage to remain to store energy for next year's flowers.
- * Apply mulch in flower and vegetable gardens to suppress weeds and disease, to regulate soil temperature, to retain even soil moisture, and to promote soil health as organic mulches break down.

MAY


- * Make succession plantings of warm season vegetables.
- * Control grass and weeds in flower and vegetable gardens.
- * Regularly scout garden areas for issues with insects or disease so they can be dealt with while the problem is small.
- * Fertilize turfgrass.
- * Maintain a healthy lawn: https://turf.caes.uga.edu/content/dam/caes-subsite/georgiaturf/docs/pcrp2020/Basic_Turfgrass_Management.pdf.

Expanded Food & Nutrition Education Program



Chicken Confetti Salad

[Makes 4 servings, ½ cup each.]



INGREDIENTS

| | |
|---------------------------------------|--|
| 10 oz can white meat chicken, drained | 1/4 cup light mayonnaise |
| 1/2 cup diced celery | 1/8 teaspoon onion powder |
| 1/4 cup diced red bell pepper | 1/4 black pepper |
| 1/4 cup nonfat plain yogurt | 2 cups chopped lettuce (or 2-3 lettuce leaves) |

DIRECTIONS

1. Place chicken in medium size mixing bowl. Break up large pieces with a fork.
2. Add diced celery and diced red bell pepper to bowl. Mix.
3. Add yogurt, mayonnaise, onion powder and black pepper to chicken.
4. Mix well with a spoon.
5. Serve on lettuce leaves or bed of chopped lettuce.

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