



Teen Cuisine 3.0

Teen Cuisine is designed to teach youth from grades 9 to 12 important life skills to promote optimal health – both in the present and in the future.



TRY NEW RECIPES



BE FOOD SAFE



GET MORE ACTIVE



BECOME AN EFNEP GRAD

WHERE: _____

WHEN: _____

CONTACT: _____

Pictures are courtesy of Virginia Cooperative Extension www.eatsmartmovemoreva.org

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