



Gilmer County UGA Extension Office • 1123 Progress Road, Suite A • Ellijay • GA • 30540
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May 20, 2018

Dear Parents (and 4-H'ers):

Cloverleaf Camp is just around the corner! I hope everyone is looking forward to having a fantastic time this year. This letter is an update on "What to Bring to 4-H Camp" plus the general rules and guidelines for summer camp. **Reminder:** there will be a parent meeting on Tuesday, June, 5th at the Gilmer County Library from 5:00 pm - 6:00 pm. This meeting is very important because we will discuss everything you need to know and answer your questions at this time. If you are unable to attend, please let me know. Having the 4-H'er attend the meeting is optional. It's also a great time to meet the staff that will be attending camp with your 4-H'er.

We will be leaving from the Gilmer County UGA Extension office on Monday, June 25th at 9:00 am and returning on Friday, June 29th at approximately 1:15 pm. Please be at the office to pick up your camper at that time. We will call the office if we encounter any delays. The first meal at camp will be the evening meal so please have your camper bring a paper sack lunch from home that does **NOT** need to be kept cold to eat when we arrive; we will provide the drinks, and will notify the Gilmer County UGA Extension office of our safe arrival on Monday.

A list of what to bring (and not to bring) to camp is included with this letter. We will be staying in a cabin, dormitory style, meaning sharing with others (not a private room). When packing, remember that each camper is allowed one suitcase and is responsible for carrying their suitcase to the cabin. There is a canteen (store) at camp so you may want to send some extra spending money (but not an excessive amount, perhaps \$20) and **campers must keep up with their own spending money**. Campers who go swimming will be under the direct supervision of lifeguards, adult leaders, and extension staff at all times. If any child violates the Code of Conduct, then they are subject to the disciplinary action outlined within the Code of Conduct. *Note: physical altercations and bullying behavior **will not be tolerated**. In this instance, parents will be called to **come to camp and pick up the child immediately**.

Campers are not allowed to bring cell phones to camp. We understand that some children get homesick and we will do everything in our power to comfort them. Should the child be inconsolable, you will be contacted and asked to pick up your child. Emergency messages will be relayed through the camp staff to the County Agents. The camp office phone number is 706-484-2800 (after hours emergency phone numbers are 706-484-2821 or 706-484-2818.) You can send snail mail to: (camper's name), Gilmer County; Rock Eagle 4-H Center; 350 Rock Eagle Rd., NW; Eatonton, GA 31024. You can also email your camper but the camper cannot email you back (incoming only – not outgoing.) Your email would be printed and delivered to your camper. Instructions for email will be given out at the parent meeting.

Very important: complete the enclosed Georgia 4-H Code of Conduct (signed and dated by the child and parent) and also the Georgia 4-H Medical Information & Release Form which has the Over the Counter & Prescription Medication Summary on the reverse side (signed and dated by the parent) and snail mail both documents, or bring them in person, to the UGA Extension office no later than 4:00 pm on Tuesday, June 5th. Please note that we cannot give any medication to the child including over-the-counter items like Tylenol, Benadryl, Neosporin, Pepto-Bismol, etc. unless you've marked the boxes and/or it's listed on the Over the Counter & Prescription Medication Summary. Medication sent with the camper needs to be in the original container, labeled with directions for use, and placed in a Ziploc bag with the child's name on it and it requires an additional form (ask for the Georgia 4-H Medicine Form.) And if we need any specific instructions regarding the medical care of the child such as any allergies, dietary restrictions, pre-existing medical conditions, injuries, or illnesses, include all details in the Medical Information block found in the center of the page entitled Georgia 4-H Medical Information & Release Form. If you have any questions or cannot make the parent meeting, please call or email me.

Sincerely,

Machelle Gill

Machelle Gill, County Extension Agent, 4-H Youth Development

GEORGIA 4-H CODE OF CONDUCT

4-H'ers Name: _____	County <u>Gilmer</u>
Address: _____	Phone _____
School: _____	Grade: _____ Year: <u>2018</u>

BEHAVIOR STANDARDS

The Georgia 4-H Code of Conduct is valid for one year and applies to all activities coordinated through Georgia 4-H.

- 4-H'ers are expected to attend all sessions as part of a planned program exhibiting positive character and behavior including (but not limited to) trustworthiness, responsibility, respectfulness, caring, citizenship and fairness.
- 4-H'ers are expected to be responsive to the reasonable requests of leaders and respectful of the needs for their personal safety and the safety of others.
- 4-H'ers should dress appropriately, use appropriate language and respect the rights of others.
- 4-H'ers may not behave recklessly or in a manner which prohibits others from participating in the program in the manner intended.
- 4-H'ers may have access to technology at UGA/CES offices and facilities. Technology use is for educational purposes. 4-H'ers may not access inappropriate websites or materials.
- Realizing these guidelines are not "all inclusive" the University of Georgia Extension staff and volunteers reserve the right to make adjustments to these policies.

CONSEQUENCES OF MISBEHAVIOR

4-H'ers and adults who observe a breach in the Code of Conduct must report the misbehavior to the appropriate leader. The leader will complete an incident report and determine the next steps regarding the incident.

If 4-H'ers are found participating in actions listed below, law enforcement or other legal authorities may be notified and may lead the review and consequences related to the incident. In these incidents, 4-H'ers may be removed from the event and suspended or expelled from future 4-H participation. These behaviors may include, but are not restricted to:

- Possession or use of illegal drugs
- Possession or use of a weapon
- Assault or harassment
- Inappropriate sexual behavior

If the 4-H'er is found participating in the actions listed below, 4-H leaders may be notified and may lead the review and consequences related to the behavior. 4-H'ers misbehaving will have the opportunity to explain their actions to leaders in charge of the activity and may request a review board. The person coordinating the event may also convene a review board for the purposes of determining what has occurred and what disciplinary action should be taken. A review board will consist of one Extension faculty or staff member, two volunteers and three 4-H members. The Extension faculty member coordinating the event will serve as chairperson. In some cases, incidents are deemed serious and may be referred to law enforcement or other legal authorities.

If the 4-H'er receives consequences from the leader or through the review process, his/her parents/guardians may be notified; the 4-H'er may be sent home at the parents' expense and may be suspended from participation in 4-H events. Suspensions may be up to one year. If a 4-H'er wishes to appeal the decision of the review board, the 4-H'er must appeal in writing through the County Extension office. Appeals must be filed within 10 days of notification of the disciplinary action. The appeal is sent to the Program Development Coordinator of the 4-H member and the State 4-H Leader for ruling by the State 4-H Leader. Following any disciplinary review, the person coordinating the activity will provide written notification to the appropriate parties including but not limited to the 4-H'er, his/her parent/guardian and his/her county Extension faculty member.

- | | |
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| <ul style="list-style-type: none">• Breaking curfew or disturbing the peace• Unexcused absences from the activities or premise of an event• Unauthorized use of vehicles during the event• Reckless or inappropriate behavior• Use of foul or offensive language• Possession or use of alcohol or tobacco | <ul style="list-style-type: none">• Breach of the 4-H Code of Ethics• Remaining in the presence of those who are breaking the 4-H Code of Conduct• Theft, misuse or abuse of public or personal property• Possession of fireworks |
|--|--|

PARENT/GUARDIAN & 4-H'er AGREEMENTS Release Waiver of Liability and Covenant Not to Sue

I have read the Georgia 4-H Code of Conduct and agree to participate fully in all aspects of program activities. I understand the standard of behavior and agree to maintain such during 4-H programming.

4-H'ers Signature _____

Date _____

I have reviewed the Code of Conduct and agree to all of its provisions. For the sole consideration of the Cooperative Extension Service's arranging for participation in 4-H programming, I hereby release and forever discharge The University of Georgia, the Board of Regents of the University System of Georgia, their members individually, and their officers, agents and employees from any and all claims, demands, rights and causes of action of whatever kind that I may have, either on my own behalf or in my capacity as a legal representative of my child, arising from or in any way connected with my child's participation in 4-H. I further covenant and agree that for the consideration stated above I will not sue the Institution, the Board of Regents of the University System of Georgia, its members individually, its officers, agents or employees for any claim for damages arising or growing out of my child's participation in the program. I understand that the acceptance of this Release, Waiver of Liability, and Covenant not to sue the Board of Regents of the University System of Georgia shall not constitute a waiver, in whole or part, of sovereign immunity by said Board, its members, officers, agents, and employees. I certify that my child is participating in 4-H with my knowledge and consent. I have read and understand all of the above policies. I hereby grant permission my child's images, likeness, and voice to be recorded in any media during this program and to be used by the University of Georgia and Georgia 4-H on behalf of the Board of Regents of the University System of Georgia in any publications, media, or technology now known of or hereby developed in the future for any lawful purpose whatsoever without further permission from me. I understand I will not be compensated further for use of these recordings.

Parent/Guardian Signature _____

Date _____

Phone _____

VALID FOR ONE YEAR FROM DATE OF SIGNING



Revised 6/2016

Georgia 4-H Medical Information & Release Form



This form should be completed prior to each 4-H event.

EVENT: Cloverleaf Camp Rock Eagle Date(s) of EVENT: June 25-29

4-H'ers Information

Name _____ County Gilmer

Address _____

Date of Birth _____ Grade _____ Gender _____ Preferred Phone _____

Parent/Guardian Information

Name: _____ Preferred Phone: _____ Alt. Phone: _____

Email Address: _____ Text: _____

Name: _____ Preferred Phone: _____ Alt. Phone: _____

Please list the names of two adults other than parent/guardian who may be contacted in case of emergency.

Name: _____ Preferred Phone: _____ Alt. Phone: _____

Name: _____ Preferred Phone: _____ Alt. Phone: _____

Medical Information

The following information is requested in case of accident or illness to better treat your child. The information is optional and not required for participation.

Name of Physician: _____ Phone: _____

Date of Last Physical Examination: _____ Drug Allergies: _____

Other Allergies: _____

Describe any recent illness or injury: _____

Describe any pre-existing conditions: _____

Describe any other circumstances that would help leaders or medical professionals in working with the 4-H'er: _____

PARENT/GUARDIAN AGREEMENT:

I understand that should a health problem arise, I will be notified but that if I can not be reached by telephone, such medical treatment, including surgery, as deemed necessary by competent medical personnel could be rendered; that such necessary information may be released for insurance purposes and that I understand the limitation of the coverage as indicated below. Furthermore, I am aware that participation in 4-H programming includes risk including, but not limited to, transportation to/from events, sports and recreational games, ropes courses, water activities, hiking, as well as risks that are not foreseeable. For the sole consideration of the Cooperative Extension Service's arranging for participation in 4-H programming, I hereby release and forever discharge The University of Georgia, the Board of Regents of the University System of Georgia, their members individually, and their officers, agents and employees from any and all claims, demands, rights and causes of action of whatever kind that I may have, either on my own behalf or in my capacity as a legal representative of my child, arising from or in any way connected with my child's participation in 4-H. I further covenant and agree that for the consideration stated above I will not sue the Institution, the Board of Regents of the University System of Georgia, its members individually, its officers, agents or employees for any claim for damages arising or growing out of my child's participating in the program. I understand that the acceptance of this Release, Waiver of Liability, and Consent not to sue the Board of Regents of the University System of Georgia shall not constitute a waiver, in whole or part, of sovereign immunity by said Board, its members, officers, agents, and employees. I certify that my child is participating in 4-H with my knowledge and consent. I have read and understand all of the above policies. I hereby grant permission for my child's images, likeness, and voice to be recorded in any media during this program and to be used by the University of Georgia and Georgia 4-H on behalf of the Board of Regents of the University System of Georgia in any publications, media, or technology now known or hereby developed in the future for any lawful purpose whatsoever without further permission from me. I understand I will not be compensated further for use of these recordings.

Parent/Guardian Signature _____

_____ Date

Over the Counter & Prescription Medication Summary



4-H'ers Name _____ County Gilmer

Parent/guardian should list any over the counter medication that may be given to the 4-H'er in case of illness. In addition, list any/all medication routinely taken by the 4-H'er including prescription and over the counter medications.

Check Yes or No to indicate if you allow your child to receive the following medications while participating in 4-H programming.

- 1. Administration of Acetaminophen (Tylenol ®) or Ibuprofen (Motrin ® or Advil ®) at an age appropriate or weight appropriate dose for discomfort, pain, or fever
 Yes No *** Parent/Guardian will be contacted if student's fever is 100° F or higher.
- 2. Antacid liquid or Antacid tablets for indigestion/minor stomach discomforts and at an age appropriate dose
 Yes No
- 3. Diphenhydramine (Benadryl®) for symptoms of allergic reactions, insect stings, or rashes at an appropriate dose
 Yes No
- 4. Sore throat relief spray for sore throat
 Yes No
- 5. Cough Drops for coughing
 Yes No
- 6. Itch and rash relief cream/ointment for minor skin irritations
 Yes No
- 7. Lubricating eye drops for eye irritations
 Yes No
- 8. Oral pain relief gel for tooth/mouth discomfort
 Yes No
- 9. Triple antibiotic ointment for minor skin abrasions/wounds
 Yes No

Please list any prescription or over the counter medications your child is currently taking. This information is necessary if your child is to be treated by a medical professional. Examples: Claritin, vitamins, etc. If the following medication should be administered during this event, complete the Georgia 4-H Medicine Form.

Medication	Condition being treated for

I am the parent/guardian of _____ and give permission for the medications listed to be administered as directed. By signing below, I am agreeing the information is currently correct.

Parent/Guardian Signature

Date



This form should accompany any medication to be given at an event.

4-H'ers Name _____

County: _____ Date(s): _____

Activity where medication may be administered:

Please list any medication(s) your child will be taking while at the above event. (Attach additional page if necessary).

Name of Medication: _____

Illness/condition medication is being taken for: _____

Date(s) medication is to be given: _____ Time: _____

Describe what the medication looks like? _____

Describe dosage and special instructions: _____

My child will be taking the above noted prescription or over the counter medication that I am providing while they are involved in the above activity. Parent/Guardian Signature: _____

Date: _____

To be completed by administering leader

Date	Time	Leader's initials	4-H'ers initials	Notes

Georgia 4-H Medicine Form - Additional Page



Name of Medication: _____

Illness/condition medication is being taken for: _____

Date(s) medication is to be given: _____ Time: _____

Describe what the medication looks like? _____

Describe dosage and special instructions: _____

My child will be taking the above noted prescription or over the counter medication that I am providing while they are involved in the above activity. Parent/Guardian Signature: _____

To be completed by administering leader

Date	Time	Leader's initials	4-H's initials	Notes

Name of Medication: _____

Illness/condition medication is being taken for: _____

Date(s) medication is to be given: _____ Time: _____

Describe what the medication looks like? _____

Describe dosage and special instructions: _____

My child will be taking the above noted prescription or over the counter medication that I am providing while they are involved in the above activity. Parent/Guardian Signature: _____

To be completed by administering leader

Date	Time	Leader's initials	4-H's initials	Notes

What to Bring to 4-H Camp

****Everything should be marked in the child's name with a waterproof marker. Do not bring jewelry or other items of value****

Items to Bring:

- Waterproof sunscreen!
- Linens, blankets or sleeping bag (Linens are NOT provided at camp)
- Pillow (Optional at Rock Eagle)
- Daily change of clothes and underwear (shorts, tee shirts, etc. Pack clothes that can get dirty and sandy!)
- Shoes and Socks / *shoes must have heel strap (Bring at least 2 pairs—one that can get wet and muddy) Flip flops can only be worn as shower shoes inside of the cabin.
- Towels (wash cloth, shower towels and beach/pool towels)
- Soap, toothpaste, toothbrush and other toiletries
- Bathing suits please make sure these are both modest and appropriate *(Girls must wear a **one piece or Tankini style suit.**)
- Rain jacket
- Sunglasses and/or hat
- Money for canteen
- Plastic garbage bag or laundry bag for wet clothes
- Insect Repellent

Optional Items

- Day Pack
- Sport Sandals (the kind with a heel strap are strongly recommended)
- Tennis shoes for ropes courses
- Water Bottle
- Camera, film (use of disposables is recommended, mark your full name on camera)
- Shower Shoes
- Pen, paper, stamps

DO NOT BRING:

- Knives
- Radios, video games, CD players, or Cell phones
- Shaving cream
- Fireworks
- Chewing gum
- Excessive amount of cash or items of great value (emotional or monetary)

** All items should be marked with the child's name on the inside of clothing **

Clothing guidelines:

1. No clothing should be worn that violates the Code of Conduct.
2. Underwear should be worn at all times and should not be visible.
3. Camp is rough on clothes—bring clothes that are okay to get wet or muddy.
4. Bring extra socks and underwear—you always need them!

Georgia 4-H Camp Dress Guidelines for Campers and Adults

The following dress guidelines were developed to ensure a fun and safe week of camp for all!

Clothing

Pack a daily change of comfortable clothing (some days you may need or want 2 outfits). Please bring old clothes to play in and leave your nice new outfits at home. Shorts and t-shirts are ideal. Keep these clothing guidelines in mind: halter tops, backless shirts, one shoulder tops, shirts with spaghetti straps, tube tops, extremely tight clothing, visible midriffs, revealing pants, or clothing that advertises alcohol or tobacco products are NOT allowed. Sleeveless shirts and tank tops may be worn as long as they are modest, and girls' straps need to be wide enough to touch the shoulders or at least 1 to 2 inches wide. There should also be no visible cleavage or visible undergarments (boys and girls). Boys must wear a shirt at all times except when in the pool or participating in other water-related activities. Campers should also not wear shorts that are too short or too tight. Generally, shorts need to be as long as the index finger when the arms are extended by the sides.

Swimsuits

Girls must wear a one piece or a tankini. They must be in good taste, not skimpy, or too revealing. Bikinis or one piece swimsuits that are extremely revealing (like those with the sides cut out) are not allowed. Tankini tops may not be worn with bikini bottoms or vice versa. If you wear a swimsuit that does not meet the guidelines or is deemed inappropriate by any adult leader at camp, you must wear a cover-up (a colored larger t-shirt) during swim time. Girls need to pack a cover-up to wear to the pool or beach, or wear the swimsuit under their clothes when they leave the cabin.

Note: Camp at Fortson and Jekyll include a trip to a water park. When selecting a swimsuit, be aware that some of the waterslides do not allow one to wear a t-shirt or cover-up; however, you must follow the Georgia 4-H swimsuit guidelines at the water park.

Shoes

Comfortable shoes are a must. A pair of tennis/athletic shoes is best for the walking you will do at camp! Wear socks to prevent blisters. For some camp activities, tennis/athletic shoes are the only acceptable shoes. Comfortable sandals and shoes with heel straps are ok; however, they must have a durable strap that is attached to a sturdy shoe. Croc-type shoes are ok if the heel strap is worn on the heel, but shoes that are merely flip flops with a thin heel strap are not appropriate for camp activities. Flip flops can only be worn in the cabin. Shower shoes (like flip flops) are good to wear in the cabin bathrooms, but these cannot be worn outside. Shoes must be worn at all times except when swimming.

12/08/2009

Rock Eagle Cloverleaf Camp Classes and Workshops

ARCHERY

This class will include a brief history of archery, safety rules, instruction for shooting, and target shooting using light-weight compound bows.

CONSERVATION

The conservation class focuses primarily on water conservation and how we can all play a part in saving this precious resource. Plenty of hands-on experiential learning will keep the session alive and very educational for all ages.

ENTOMOLOGY

Campers learn the basics of the "world of insects". Specifically covers the benefits vs. the irritation caused by insects. Displays, collection exhibits and hands-on teaching techniques will make for an interesting class session.

FORESTRY

4-H'ers will learn the basics of Forest Evaluation, Tree Identification, Tree Measurement and Volume Estimation, plus many other important aspects of forest management. Campers will see first-hand how forestry management practices can enhance and preserve the forest.

HERPETOLOGY

Snakes alive! All you'd want to know about snakes – venomous, and non-venomous, identification, do's and don'ts, myths, and benefits. The 4-H'ers will be given an opportunity to touch and/or handle a live snake or other reptile.

LAKE ECOLOGY

This class will help the 4-H'er develop a better understanding of the unique world of life surrounding and within a pond or lake.

WILDLIFE

This class is a basic introduction to identifying wildlife and learning basic principles about wildlife habitat and survival. This class will explore the wonderful world of Georgia's wildlife and how 4-H'ers can protect and preserve Georgia's natural resources.

CANOEING

Boating and water safety will be emphasized with techniques of entering and exiting canoes, proper use of paddles, care of equipment. Canoeing on Rock Eagle Lake will be supervised by counselors and adults. Life jackets must be worn during this class. (ALL CAMPERS WILL DO THIS ACTIVITY)

HOP! (Health is Our Pledge)

Healthy living is an important part of the 4-H curriculum. Campers will understand the relationship between diet and exercise. They will have a hands-on opportunity to make a fresh fruit smoothie. (ALL CAMPERS WILL DO THIS ACTIVITY)

SWIMMING

Every camper who is a non-swimmer will be given the opportunity to learn to swim. The class includes campers who cannot swim 50 feet. Good swimmers **should not** sign up for this class. **Swim classes are**

not a requirement for non-swimmers. Your non-swimmers may prefer the regular workshops. Parents, please help make the decision. (ALL CAMPERS WILL DO THIS ACTIVITY)

We want our campers to have a fun and enjoyable camp experience. We make every effort to accommodate special requests. I need to know if your child has food allergies or other dietary requests in advance.

Blue String campers are campers who have previously attended 4-H camp. These campers will follow a different schedule than red & white string campers and will not have to make class choices. All other campers will need to complete and return the class request form to Machel Gill at the Gilmer County Extension office 1123 Progress Rd., Ste. A • Ellijay, GA 30540 or by email: macgill@uga.edu



Camper Name: _____ Gender: _____

Class Selection:

First Choice _____ Second Choice _____

Third Choice _____ Fourth Choice _____

Bunk Mate: _____

Special needs: _____
