

MIN
YOUR
MELON

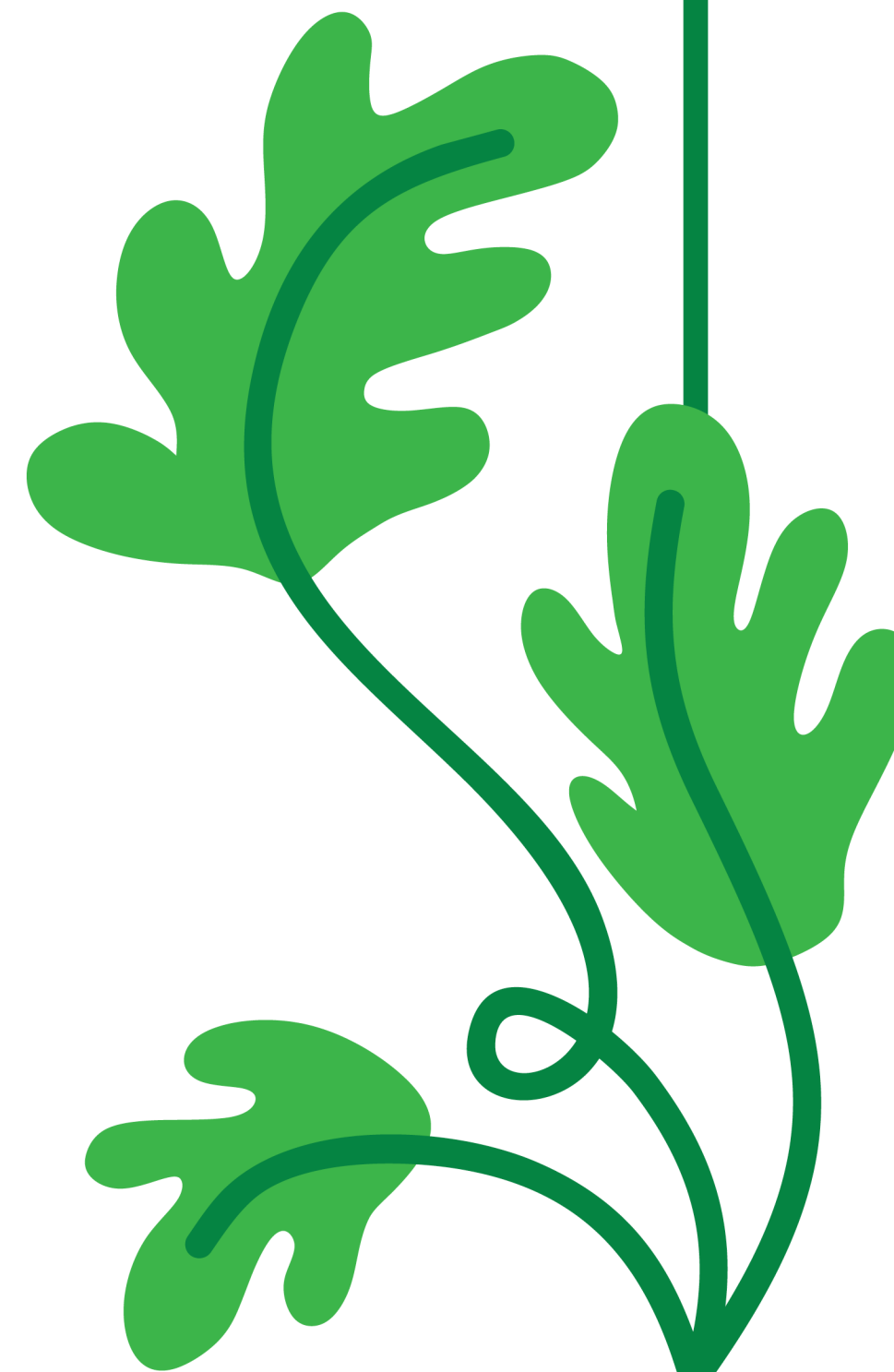


INDUSTRY CHALLENGES

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Challenges within our industry may be diverse and nuanced...

BUT... challenges are present in **ALL** lives and businesses.



FARM STRESS



The stress experienced by farmers and their families because of the unique agricultural work environment.

**Farming is a generational legacy,
a way of life, an identity.**

- University of New Hampshire Extension



THREE GENERATIONS



WHAT ARE WE SOWING?

“But this I say... He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully.”

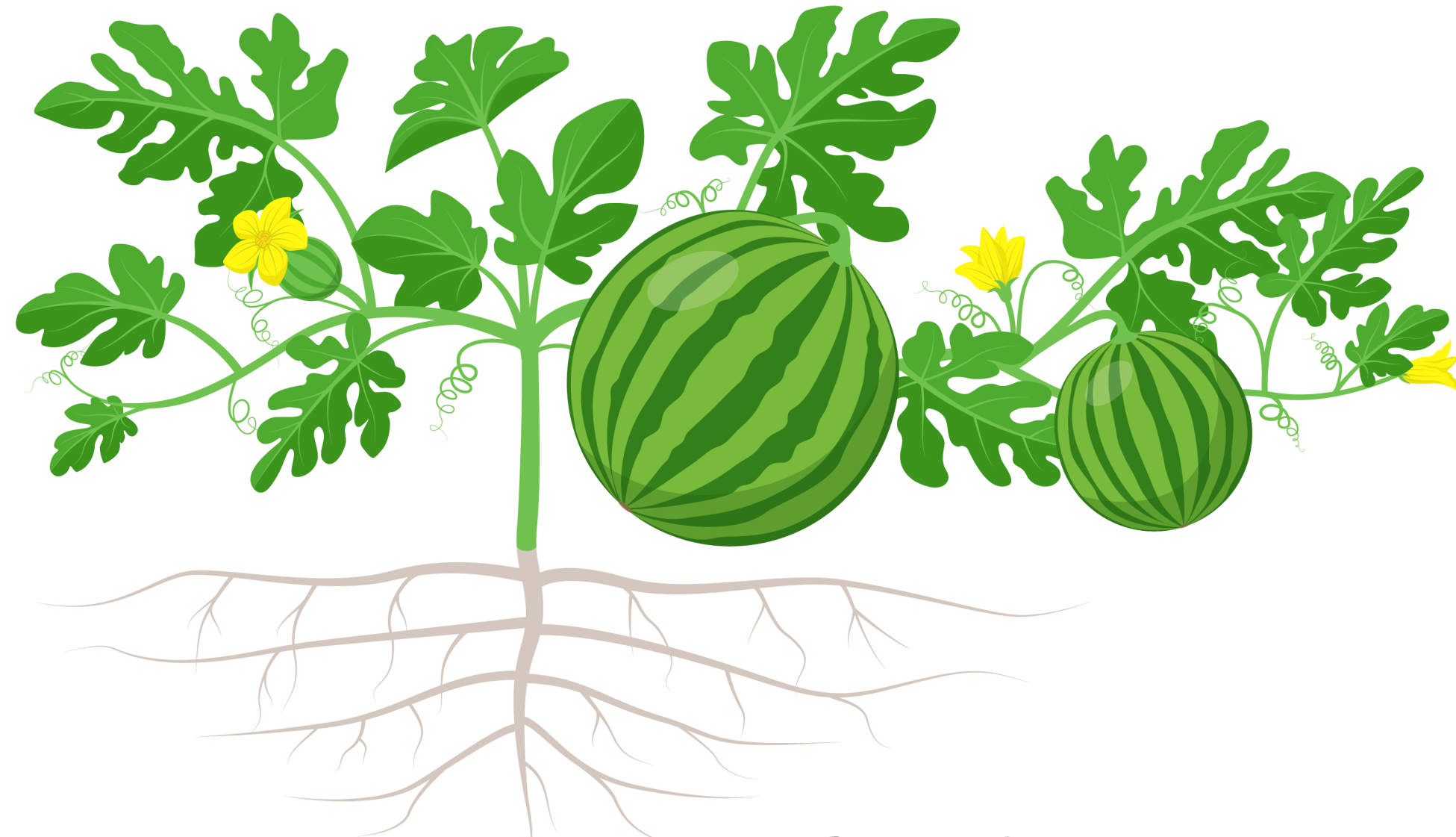
2 Corinthians 9:6



SOW WHAT?



WEEDS



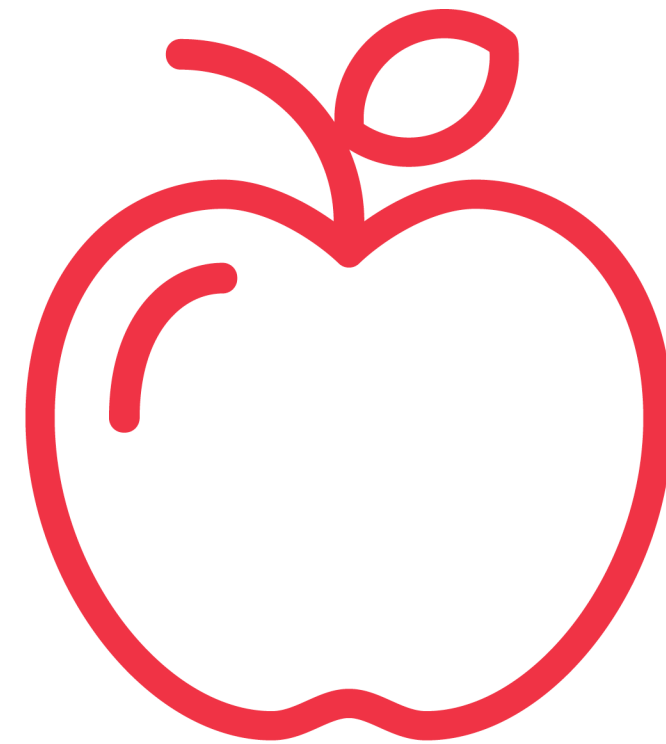
WATERMELONS

GROWING HEALTHY MINDS

OUR PILLARS OF SUPPORT



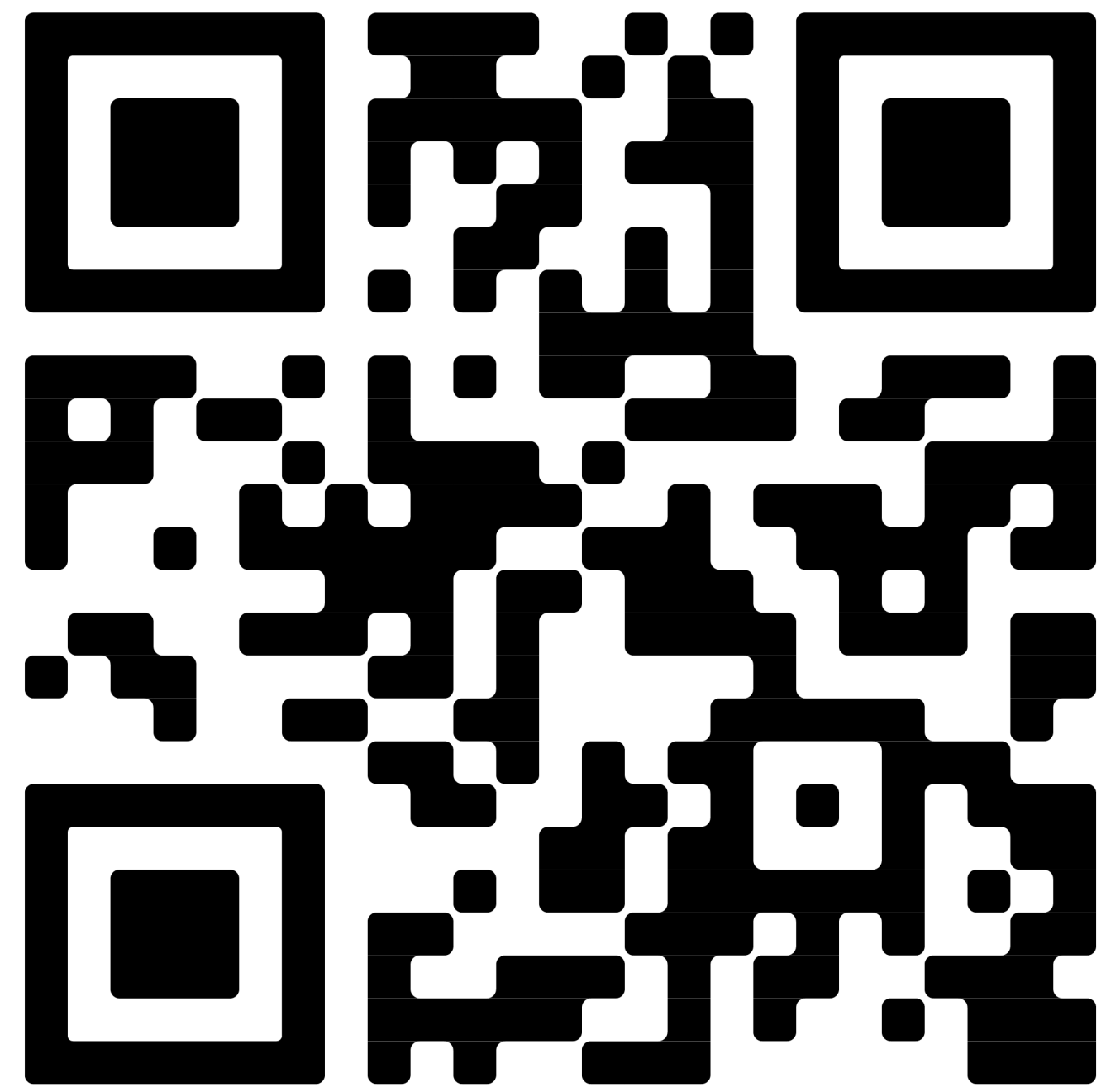
**EXERCISE
& FITNESS**



**FOOD &
NUTRITION**



**FINANCIAL
WELLNESS**



MIND YOUR MELON

