

CREATING A HEALTHIER GEORGIA FROM THE GROUND UP



Whether you're maintaining a healthy and active lifestyle or growing your own food, we provide information and programs to help you and your family live healthier, happier lives.



SCIENCE-BASED

Not sure about the claim you read on social media? Our expert information and publications will help keep you safe and debunk common myths.



YOUTH-ORIENTED

We know that young people are integral to the future of our communities, which is why we actively engage students in 4-H healthy living and leadership programs.



LOCAL

We have faculty and staff in every county across the state. They are backed by our network of state specialists and available to help you.



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EXTENSION

Learn more and find your nearest
Cooperative Extension office at
extension.uga.edu
or by calling **1-800-ASK-UGA1.**

CORONAVIRUS RESOURCES

We are committed to doing all we can to help Georgians during the COVID-19 crisis by offering resources on timely topics.

Get expert recommendations about:

COVID-19 Vaccine Information: vaccine facts and what to expect after being vaccinated

Health & Wellness: handwashing and sanitization directions as well as mental health advice

Money & Home Finances: guidance on income loss, scams and federal benefits

Farms & Small Businesses: operation guidelines for agricultural and food operations

Youth Education & Parenting: resources to entertain and educate

Food Safety & Cooking: how to handle groceries and eat on a budget

Gardening & Self-Reliance: home vegetable gardening and food preservation tips

To get the latest COVID-19 information, visit extension.uga.edu/emergencies.



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